

Is Your Dog Overweight? How To Deal With Obesity In Dogs

By PetPlace Staff, <https://www.petplace.com/search?query=overweight>



Is your dog struggling with his weight? Learning more about obesity in dogs can help you understand how to better help him improve his health. Obesity in dogs is a common problem for many breeds, and the easiest way to help your dog's health get back on track is to find the root of the problem and take the proper steps to assist him in losing weight.

Your dog's lifestyle is often a reflection of your own, so if exercise isn't high up on your list, it's likely that your dog isn't getting the activity he needs to be healthy. Some dogs need more exercise than others, it all depends on the breed. For some dogs, a walk every other day is more than enough, but other dogs need at least a daily run/romp.

Doing research on your dog's breed can help you have a better understanding of the way your dog gains weight and whether or not obesity is a genetic trait you need to be aware of. Breeds like dachshunds are an example of dogs who gain weight quickly, and being overweight can start a chain reaction of a number of other health problems.

It's most common for middle aged dogs, or dogs from ages 5-10 to become obese, although any dog at any age is at risk. As dogs get older and their ability to exercise decreases, it's much easier for them to gain a significant amount of weight because they aren't as active as they used to be.

What you feed your dog has a significant impact on his weight and his health. Feeding your dog too much, a fluctuating diet, table scraps, and too many treats can all impact and negatively add to your dog's weight. The right diet makes all the difference in helping your dog keep a healthy weight. Sometimes, switching your dog's food is all it takes to help him cut a few pounds, but obesity in dogs makes it difficult for change to happen quickly.

Significant and severe weight gain can have a negative affect on your dog's body and can even cause permanent damage. Excess weight can cause both muscular and skeletal issues for your pet, and along with being painful, they can cause more problems further on down the road.

Obesity in dogs also poses these health risks:

- Cancer
- Osteoarthritis
- Urinary bladder stones
- Complications with anesthetic

The other major issue with obesity in dogs is that it decreases the length of your dog's life. Dogs who are leaner live longer, and extra pounds are only taking time away from the years you and your dog have together. It's easy to overlook keeping track of your dog's weight when you're worried about making sure he stays safe or making sure he doesn't get sick. You can help your dog live his best life by making sure his health is in check, and even if your dog is obese, it's never too late to help alleviate your pup's issues.

Obesity in Dogs — What Can Owners Do to Help?

The best way to deal with obesity in dogs is to make sure that your dog is eating right and exercising. Start with walks and take a deeper look at what you're feeding him. Talk to your veterinarian to determine if the food you use is really the right choice to ensure the best health. The problem with many dogs' weight stems from what they're eating.

If you're feeding your dog table scraps it might be time to cut it cold turkey. Most food we eat is too fatty for dogs to digest, and it ends up just becoming extra poundage rather than providing any nutritional benefits. You might also want to look at how many treats your dog gets throughout the day, and the brand that you're using. Giving an unhealthy treat too often can quickly lead to weight gain.

Just like with us, exercising more can help your dog work his way back into a healthy weight range. An active dog is a happy, lean dog, and it's also a great opportunity for you and your pup to bond. Taking your dog to the park and playing fetch or going on a walk is an easy way to build a bond with your dog and also get him to work off the weight while having fun.

Always consult with your veterinarian before you go on a health journey with your dog. Obesity in dogs can be a serious condition, and you might end up doing more harm than good. Your vet will be able to help you develop an action plan for helping your dog lose weight and recommend the best course of action to lose weight.

Secure goodbyes

Does your dog hurl themselves on the couch and cry when you leave for work in the morning? While this may seem like a sign of love, it actually may mean the complete opposite. If your dog remains calm when you leave the house, congratulations, they have "secure attachment" with you. Your pup loves and trusts you so much that they understand you are always coming back. Having faith that you will return shows your dog has a strong bond with you and isn't easily clouded by fear.

Enthusiastic greetings

How your dog greets you when you come home can sum up how much they love you. Whenever you walk through the door after being away for even just a few hours, they wiggle, wag, and act like they haven't seen you in weeks. Your dog thinks you are the best part of their day, and they couldn't be happier you're back home safe and sound.

Tips on Feeding Obese or Overweight Dogs

By Dr. Debra Primovic - DVM

How much should you feed overweight or obese dogs? Here are some general rules:

- Chubby dogs: If your dog is a bit overweight, try increasing the daily exercise routine. Gradually increase exercise over 2 weeks unless limited by a medical condition. If these measures fail, cut out all treats and reduce daily intake of food by up to 25 percent.
 - Fat or obese dogs: Stop all treats except vegetables. Increase exercise gradually over 2 to 3 weeks if not limited by a medical condition. If these measures fail, reduce the total daily food amount by 25 to 40 percent, switch to a low fat/high fiber diet, and call your veterinarian to discuss your plans. Inquire about prescription-type reduction diets that can really be effective while providing balanced nutrition.
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Recent Adoptees!

No New Adoptees This Month

FOSTERS SAVE LIVES!

Dalmatian Rescue of Colorado **desperately** needs foster homes. We have four dogs currently needing foster care and two or three more waiting to come in. We can't help these needy Dalmatians without assistance from our community. We are looking for active, out-doorsy people who have secure fences and no cats and who are willing to give these beautiful dogs some time and attention. Visit www.dalmatianrescueco.org to see the Foster Application which can be completed and submitted online.

We know that not everyone is in a position to adopt or foster a homeless dog. You can still help us with a donation of any size, at any time. You might even want to consider a monthly donation. You can donate by clicking the link below to give via Paypal, Venmo or GiveButter.

<https://dalmatianrescueco.org/donate.html>

Become A Dalmatian Foster Family Or Volunteer

When a Dalmatian is scheduled to be put down at a kill shelter, we try to place it in a foster home in order to give it another opportunity to find a permanent home. We desperately need concerned individuals to provide short term or long term foster homes.

What do you get out of fostering? If you like Dals (since you're reading this newsletter, you probably do!), then fostering is a great way to meet and learn about all kinds of Dals - males and females, blacks and livers, young and old. Plus there is the satisfaction of helping an animal that literally may have nowhere else to go!

We are very grateful to those who volunteer their homes and love for needy Dalmatians. But if you can't foster, there are other ways that you can help us. Volunteers can help evaluate dogs in shelters, transport dogs however far, give love and attention to Dals in temporary boarding facilities and help with fundraising. Some volunteers work with those dogs that have special needs, and provide them with food and supplies. We also have (and thank) the many people willing to sponsor a dog financially. We also have volunteers who perform home checks, staff fundraising and educational events.

So, as you can see, there are many ways you can help other than fostering.

If you want to volunteer and help the dogs of Dalmatian Rescue of Colorado, please contact us at the email address below:

info@dalmatianrescueco.org

8 Important Tips To Keep Dogs Safe This Summer

Courtesy of ASPCA



As the weather warms up, the ASPCA® (The American Society for the Prevention of Cruelty to Animals®) wants to remind pet owners that there are ways to help pets beat the heat while having a happy and healthy summer. “Most people associate summer with good times and good weather, but for pets, summer time can present some dangers that are no laughing matter,” says Dr. Katherine Miller, director of applied science and research for the ASPCA. “Summer activities, like barbecues, traveling and hiking carry risks, but there are

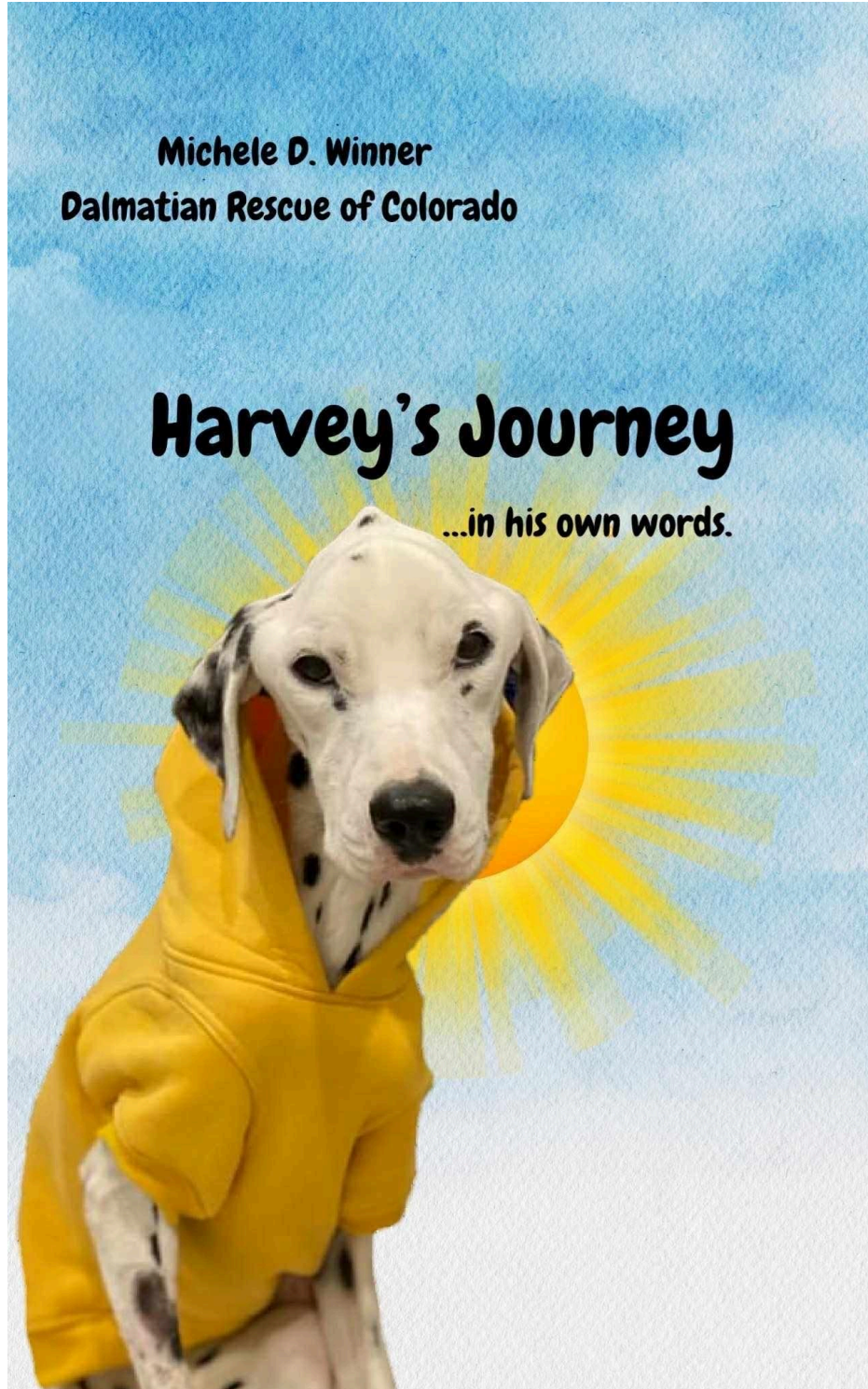
simple ways to protect your pet and have a fun summer.” Here are just some of the ways animal lovers can help ensure their pets have a safe summer:

1. **Visit the Vet.** A visit to the veterinarian for a spring or early summer check-up is a must. Make sure your pet is up-to-date on all necessary vaccinations. Pets should also be given a blood test for heartworm every year in the early spring. The deadly parasite is transmitted through the bite of an infected mosquito, and it is recommended that dogs and cats be on monthly preventive medication year-round.
2. **Keep Cool.** Dogs and cats can become dehydrated quickly, so give them plenty of water when it is hot outdoors. Also make sure your pet has a shady place to escape the sun, and when the temperature is very high, don't let your dog linger on hot asphalt. Being so close to the ground, your dog's body can heat up quickly, and sensitive paw pads can burn. “Pet owners should never leave their animals unattended in a parked vehicle,” adds Dr. Louise Murray, vice president of the ASPCA's Bergh Memorial Animal Hospital. “Parked cars, even with windows open, become very hot in a short amount of time and this can lead to heatstroke or death.”
3. **Spot the Symptoms.** The symptoms of overheating in pets can include increased heart and respiratory rate, drooling, excessive panting or difficulty breathing, mild weakness, seizures, and an elevated body temperature (over 104 degrees). Elderly, overweight, and pets with heart or lung diseases are more susceptible to heat stroke. Pets with short muzzles like pugs, bulldogs and Persian cats become overheated because they cannot pant effectively. These pets should be kept in rooms with air conditioning so they can stay cool.
4. **Pest-Free Pets.** Commonly used flea and tick products, rodenticides (mouse and rat baits), insecticides, and some lawn products can be harmful to cats and dogs if ingested, so keep them out of reach. Some flea products that can be used safely on dogs can be deadly to cats, because of the presence of the chemical permethrin. Be sure to read directions on all flea and tick products carefully and follow the label instructions exactly. “When walking your dog, steer clear of areas you suspect have been sprayed with insecticides or other lawn products,” says Dr. Camille DeClementi, senior director for the ASPCA's Animal Poison Control Center. “Citronella candles, oil products and insect coils should also be kept out of pets' reach,” she adds.
5. **Party Smarts.** Summertime can be perfect for backyard barbecues or parties, but remember that the food and drink you serve your guests may be poisonous to pets. Keep alcoholic beverages away from pets, and remember that the snacks you serve your friends should not be treats for your pet. Any change of diet, even for one meal, may give your dog or cat severe digestive ailments. Make sure to avoid raisins, grapes, onions, chocolate and products with the sweetener xylitol since these are poisonous to pets.
6. **Fireworks are not Friendly.** Leave pets at home when you head out for fireworks, and don't ignite fireworks around pets. Exposure to lit fireworks can potentially result in severe burns or trauma to curious pets and unused fireworks can be hazardous. Many fireworks contain potentially toxic substances such as potassium nitrate, copper, chlorates, arsenic and other heavy metals.
7. **Splash Safely.** Do not leave dogs unsupervised around a pool, as not all dogs are good swimmers. Introduce your pets to water gradually and make sure she wears a flotation device on board a boat. Rinse your dog after swimming to remove chlorine or salt from fur, and try to keep your dog from drinking pool water, which contains chlorine and other chemicals that could cause stomach upset. Also, make sure that your pet does not have access to the concentrated pool chemicals, as they are highly toxic to animals if ingested.
8. **Beware of “High-Rise Syndrome.”** During warmer months, many animal hospitals and veterinarians see an increase in injured animals as a result of “High-Rise Syndrome,” which occurs when pets fall out of windows or doors and are seriously or fatally injured. Keep all unscreened windows or doors in your home closed and make sure adjustable screens are tightly secured.

Join DRC's own rescue Harvey, in his own words, telling the story of his life-changing journey from despair when first rescued back in December -- to sheer joy upon his adoption in June. Through the magic of social media, this heartwarming rescue story has already touched the hearts of nearly 50,000 people and will surely touch yours.

Harvey's unbreakable spirit will astound you and surely bring a smile to your face and lift your spirits. His miraculous recovery has garnered love and compassion from all ages, spanning from the elementary school aged generation to the retirement community. Treat yourself to a positive rescue story from Harvey's point of view. Available in an Amazon e-book and also in paperback.

All proceeds go to DRC.

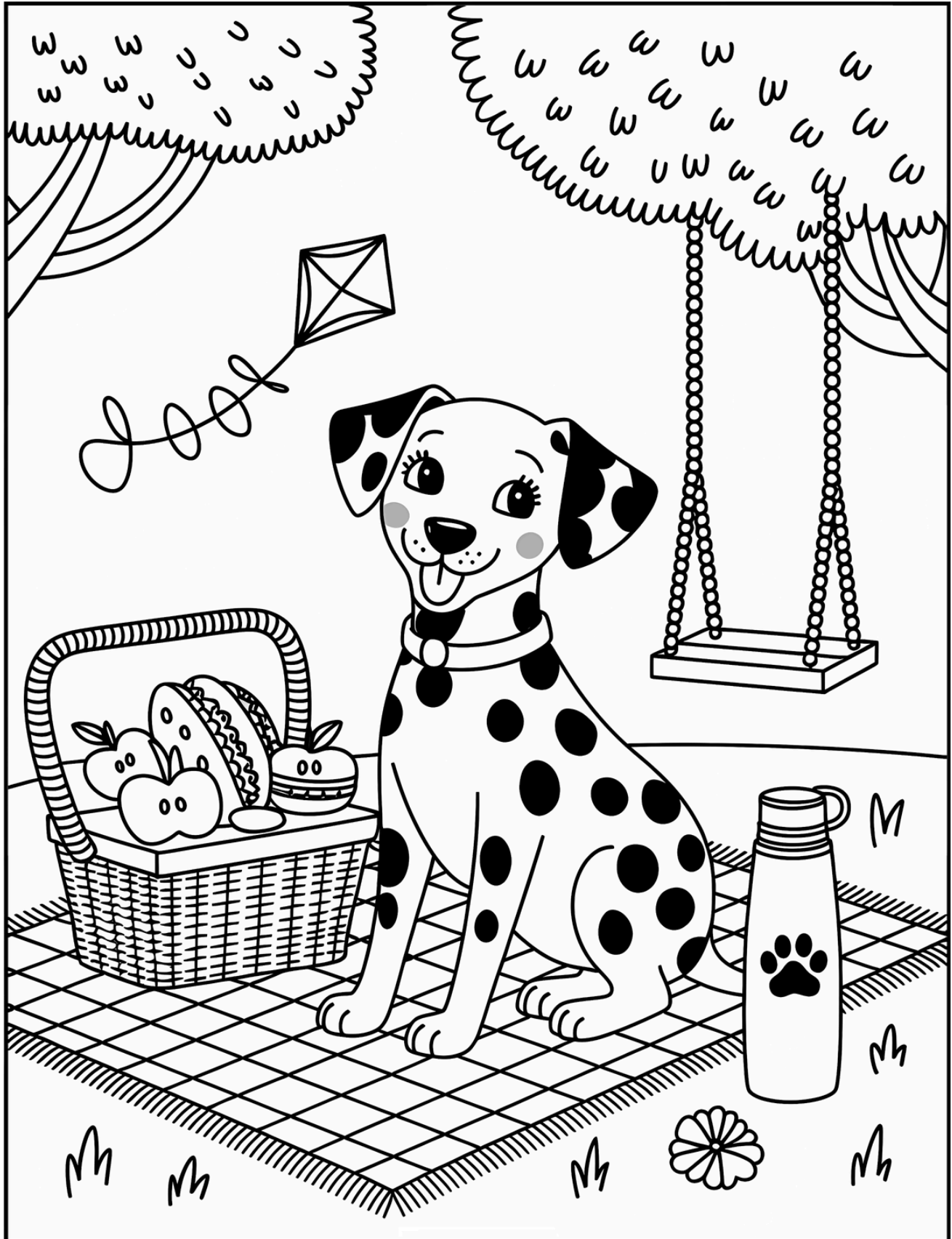


**Available in either:
Paperback: \$14.99
Or E-Book: \$9.99**

Please click the link below to purchase this book and remember, 100% of book purchases benefit Dalmatian Rescue of Colorado!

[Harvey's Journey ...in his own words: Winner, Michele D.: 9798332160677: Amazon.com: Books](#)

For The Kids *(or adults who are kids at heart)*



Frozen Watermelon Dog Treats Recipe

Keeping your dog cool during hot weather can sometimes feel challenging, especially when they spend time outside playing, walking, or relaxing in the yard. One of the easiest and healthiest ways to help your furry friend stay refreshed is by making homemade frozen watermelon dog treats

These icy snacks are simple to prepare, budget-friendly, and made with ingredients many pet owners already have at home. Watermelon is naturally hydrating because it contains a high amount of water, making it an excellent fruit for warm summer days. When combined with dog-safe ingredients like plain yogurt or peanut butter, it turns into a creamy frozen snack dogs absolutely love. Homemade treats also give you full control over the ingredients, helping you avoid unnecessary sugars, preservatives, or artificial flavors often found in store-bought snacks.

Frozen snacks are especially useful for:

- Hot afternoons
- After walks
- Beach trips
- Outdoor play sessions
- Training breaks during warm weather

INGREDIENTS

- 3 cups seedless watermelon cubes
- 1/2 cup plain yogurt
- 2 tablespoons natural peanut butter

INSTRUCTIONS

1. Start by washing the watermelon thoroughly. Slice it open and remove all seeds if necessary. Cut the watermelon flesh into small cubes so it blends more easily.
2. Place the watermelon cubes, yogurt, and peanut butter into a blender or food processor. Blend until smooth and creamy. If the mixture appears too thick, you can add a splash of water, unsweetened coconut water or extra watermelon juice. If you prefer chunkier frozen treats, pulse the blender instead of fully pureeing the ingredients.
3. Carefully pour the blended mixture into silicone molds or ice cube trays. Leave a little room at the top because the mixture may expand slightly while freezing. Gently tap the tray on the counter to remove trapped air bubbles.
4. Place the molds in the freezer for at least 4 to 6 hours. For best results, freeze overnight. Once frozen solid, remove the treats from the molds and transfer them to a freezer-safe container or bag.

Do You Shop Online?

We Have A Way For You To Help Us When You Do!

It's called iGive! They have over 1900 stores participating in their donation program! You're sure to find stores that you already shop at... walmart.com for example. It's really pretty simple. You sign up for free, then shop your favorite store from their link, complete and pay for your order. iGive then completes the donation process behind the scenes and each month they send a check to Dalmatian Rescue of Colorado. Sounds pretty good, right? You shop as you normally would and Dalmatian Rescue of Colorado gets much needed donations without costing you anything! That's what I call a win-win.

Check out iGive at How iGive Works - iGive.com

We hope you'll sign up and support Dalmatian Rescue of Colorado every time you shop online!

KING SOOPERS/CITY MARKET COMMUNITY REWARDS



For Colorado supporters (or anywhere King Soopers or City Market operates), Dalmatian Rescue of Colorado has also enrolled in the King Soopers and City Market Community Rewards Program.

To Use the King Soopers or City Market Community Rewards Program, simply visit the appropriate link below.

For King Soopers Stores - go to <http://www.kingsoopers.com>

For City Market Stores - go to <http://www.citymarket.com>

Once logged in to your King Soopers or City Market account, search for Dalmatian Rescue of Colorado, Inc., either by name or FR415, and then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a loyalty card.

*Customers must have a registered King Soopers or City Market loyalty card account to link to our organization. If you do not yet have a King Soopers or City Market loyalty card, they are available at the customer service desk at any King Soopers or City Market.

REMEMBER, purchases will not count for our organization until after you have registered your loyalty card (the same card that you use to build fuel points). You must swipe your registered King Soopers or City Market loyalty card or use the phone number that is related to the registered King Soopers or City Market loyalty card when shopping for each purchase to count. This does not affect your fuel points!

Drink Coffee. Save Dalmatians.

Every abandoned dog deserves a second chance. At Dalmatian Coffee Co., we use the sale of our single origin and blended coffees to help them find new homes. Twenty percent of our profits benefit Dalmatian Rescue operations (including Dalmatian Rescue of Colorado), no-kill animal shelters, and dog foster care organizations.

You benefit from big, bold flavors — dogs benefit from your giant heart. We don't roast until you order, so your coffee arrives at the peak of freshness.

When you purchase our coffee, apparel, and other items, you'll be part of a small group of rescues listed on our home page that receives an even share of 20 percent of our profits, each quarter.

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Trainer Tips

“What Are Your Dog’s Motivators Or Rewards?”

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Do you know what your dog’s motivators are? If you train using positive reinforcement or reward-based methods, you need to know! So what does reward-based or positive reinforcement training mean? In a nutshell, it means we are proactive in teaching our dogs what TO do, and we reward them for making the “right” or a good choice. However, the trick sometimes comes in what we are using as reinforcement or rewards. If you’re not being successful, it’s often not the method that’s failing but rather the implementation of it. If we’re offering our dog a “reward” that the dog does not find rewarding, we really aren’t using reward-based training after all!

I am sometimes surprised when people really don’t know their dogs well enough to know what their dogs find truly rewarding. If I asked you right now to list ten things that your dog finds rewarding, could you do it? Go ahead, I’ll wait. . .

Many people have a very difficult time with this exercise. Many people tend to think of treats or food items when we talk about rewards, but that’s only one category of rewards. And if your dog does not get as excited about food as others dogs, coming up with alternatives might be a challenge. Many others immediately say “praise” or “petting” is rewarding to their dogs. While that is true in SOME cases and in SOME circumstances, it’s not nearly as high on the list of rewards for dogs as people would like to think. Sure, my dogs love attention and petting. . . at certain times. But there are other times when attention and petting from me is most certainly NOT a reward.

That’s the tricky thing about motivators or rewards. What can be a reward in certain circumstances is not always a reward. If you take your dog to the dog park and he loves loves loves to play with the other dogs, is petting and attention from you rewarding to him in that situation? In most cases, it most certainly is not! So even something that is a motivator at one time, might not be at another time.

People also tend to think of rewards as things they can pull out of their pockets, such as treats or toys. But there is a whole other realm of rewards that you can’t put in your pocket and carry around. In the example above, playing with other dogs at the dog park (or other settings) can be a highly valuable reward. Many people don’t realize it or think of it though when I ask them to list what is rewarding to their dogs.

If you have a copy of my [Juvenile Delinquent Dogs book](#) , you will find a long list of motivators or rewards in Appendix B. See how many you can come up with for your dog. How long is your list? Were you able to name ten? How about twenty or thirty? If you have a very short list of motivators or rewards for your dog, I challenge you to lengthen that list. It will make you a better trainer!

For additional training tips and information, you can read our blog at <https://thelightofdog.com/read/> or find us on Facebook and Twitter.

 <https://thelightofdog.com/>

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(This “Ask The Trainer” article is reprinted with permission of Sue Brown, co-owner of The Light Of Dog, a Certified Dog Behavior Consultant. The Light of Dog Training is located in Sedalia, CO and services the Denver Metro Area. <https://thelightofdog.com>).

Bits & Pieces

Advertising in NewSpots! is FREE!!!

Do you have a business or a hobby that other adopters, fosters, and volunteers might be interested in? Let us help you spread the word by 'advertising' in Dalmatian Rescue of Colorado's monthly newsletter – NewSpots! We currently notify about 1800 people of the new editions of NewSpots! That's a lot of word of mouth and print advertising for **FREE!**

Simply contact the editor, Karl Schill, at karl@dalmatianrescueco.org and he will work with you to provide your ad and place it prominently within the newsletter.

Foster Homes Needed!!

******* Be a Pal, Save a Dal *******

PLEASE – They need YOUR help!! Remember when your rescue Dalmatian came home with you, from the warmth of a loving foster family? If we hadn't had foster homes, you probably would not have gotten YOUR dog. PLEASE think about fostering a dog for the Dalmatian Rescue where you obtained your Dal, or the one closest to where you now live, so they can save lives like they saved your dog's life!! PLEASE give a warm home to a dog who can relax, show his true personality, enjoy a thick bed rather than a concrete floor in a shelter and get ready for a new home. PLEASE help rescues and the dogs so that others might have a dog that is well socialized, trained and ready to love. PLEASE think about this... Dalmatians are everywhere and are literally dying to meet you or someone willing to give them a "spot" to LIVE until their forever home comes along. PLEASE be a spot for rescue and for them?

We thank you and you know any dog you help your local rescue save will be eternally grateful! PLEASE submit a foster application if you can possibly help your local rescue and them! PLEASE take your cookie... good boy/girl!

Reader Recommendations and Tips

This is where we share recommendations and tips from and for our readers. Our newsletter is read by as many as 1800 people each month. That number constantly increases as we have more adopters and adopters recommend it to their friends and family as well. So, go ahead... share your tips and recommendations. Please send along any information you want to share with others, like products that you would recommend, dog toys, great pet insurance, good vets (or bad ones to avoid as well), etc. Is there anything you wish someone had told you about that you have found? Pass it along. Send your ideas, recommendations and tips to Karl at karl@dalmatianrescueco.org for inclusion in the next issue.

I am sorry to say that we have no reader recommendations for this edition of NewSpots! Don't forget, this segment of the newsletter only works if YOU send in recommendations and/or tips to share with other readers.

Recommendations can be anything Dalmatian (or in general, dog) related. A good book you read, how you got your dog to stay off the counter (we all hate counter surfers), treats your dog really likes, a new dog food you tried, dog themed movies... anything really. Just send your recommendation or tip to me at karl@dalmatianrescueco.org.

In The "Spot" Light... Our Featured Dalmatians

Croia



Croia

3 Years Old, Black, Spayed Female
Reason Available: Stray
Foster Home: Waco, TX

Meet your new best friend!

Croia (KREE-uh) is a sweet 3-year-old pup, weighing only 37lbs, and is the perfect mix of playful energy and cozy companionship. She weighs only 37lbs. Whether it's a game of fetch in the yard, a walk around the neighborhood, or just zooming around with excitement, this girl is always ready for fun. But don't worry—after the adventures are over, she's just as happy to curl up next to you for some quality cuddle time.

She's wonderful with kids of all ages, making her a great addition to a busy, loving family. Gentle, patient, and always up for playtime, Croia knows how to match the energy of little ones while also being a calm, comforting presence. We would love for Croia to find a forever home that includes children!

Croia also gets along beautifully with other pets. She does great with dogs of all sizes and enjoys having furry friends to play with. Cats are no problem either—she may try to invite them into a playful chase, but it's all in good fun and never aggressive.

If you're looking for a loyal companion who can keep up with your active days and then wind down for snuggly evenings, this happy, social pup might just be the perfect fit for your home.

For more information, contact us at info@dalmatianrescueco.org. Applications may be submitted at https://dalmatianrescueco.org/cgi-bin/dr_adoption_application.pl. Adoption: \$400

Lily

6-12 Months Old, Black, Intact Female
Reason Available: Stray
Foster Home: Jonah, TX

Lily is a 6 month old puppy who needs lots of exercise, basic training and things to keep her mouth busy. She walks well on lead, and will likely do well with dogs her size or larger to teach her the ways of the world. No cats as she will chase and no small dogs as she has no clue of her size. She loves attention and really wants to please.

Contact us at info@dalmatianrescueco.org.



Lily

Happy Beginnings Stories

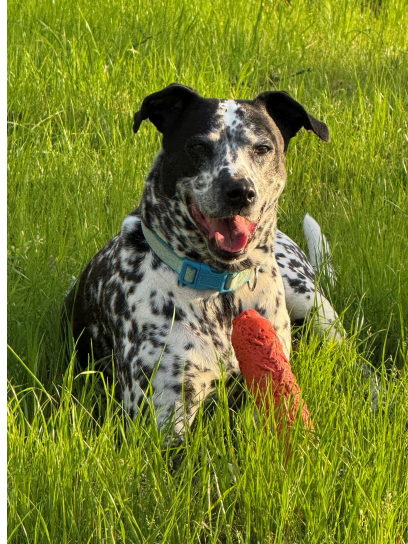
Buddy



Our last two Dalmatians both died of old age in September of 2025. I finally felt ready to take on a new dog in January and I contacted the DRC again. I wanted a young, female, black and white Dalmatian. We ended up with an old, male, Pitbull cross that they had not been able to place for several years. Probably because most people going to the Dalmatian Rescue are looking for a Dalmatian for Pete's sake! Buddy had been together with another Dalmatian in a drug bust, and the Rescue simply couldn't leave him behind. At least he has a black and white head so he's somewhat in line with the general color scheme. And he's to die for. Loving, happy, curious, and very excited about any new visitor. I had accepted that he wouldn't be able to go out on rides with the horses due to age, but he can still play a little with our 4-year-old Lab. And now Buddy Fuddy Duddy is a wonderful new member of the family, and a total joy regardless of his lack of spots!

Joni R.
Cheyenne, WY

Baron



Here is our sweet boy! Baron. In 2022 he became a foster and within a few months we adopted him. We didn't know a lot about where he came from... just that he had to spend a lot of time in a crate, he liked people and got along with other dogs and he needed a home. We had gene tests confirm that he is Dalmatian three generations back, on one side of his lineage. The other side has lab, Australian Shepard, and, (hard to believe but) Cocker Spaniel. He quickly got along with our lab and while he loves me....he ADORES my husband. He is a ball player and a snack lover. We have 5 fenced acres on a small lake and assorted squirrels and geese. To my surprise, the squirrels are safe. He has no interest. The geese are safe too. Unfortunately he loves to roll in the goose poop. He's had numerous showers to relieve him from the aroma. He will run alongside our golf cart but is happy to ride too. He is quick to announce visitors to our home. No one sneaks in!

We are not certain who is the lucky one .. him or us.

Wayne and Bobbie L.

It's never too late to see your story in print!

We got a couple new Happy Beginnings Stories submitted last month!!

Let's keep them coming! If you have adopted your pup from us, regardless of when, and have not submitted their Happy Beginnings story yet, please do it now while it's fresh on your mind.

These stories are the "pay" that fosters get for all their hard work!

About Us

NewSpots! is published and released on the first calendar day of the month. The deadline for submissions for future issues of NewSpots! is the 25th of the previous month. Submissions received after the deadline may be delayed in publication until the following month, subject to the Editor's discretion.

Send submissions to the Editor at kari@dalmatianrescueco.org.

Dalmatian Rescue of Colorado, Inc. is a 501(c)(3) Non-profit organization. Donations are tax deductible!

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