

Should You Let Your Dog Sleep In Bed With You? The Age Old Question... And An Answer

Story by Krista Goodnight



Just like us, many dogs love the warm cozy embrace of our bed after a long day. But just because our dogs want to sleep in our beds, should we let them? Our beds not only offer our dogs a snug retreat, but also offer closeness to their human pack members - but it comes with a few potential problems as well. Ultimately, the decision should be what's best for you and your unique dog.

Why does my dog want to sleep in my bed?

Dogs often seek out their owner's bed for several reasons, all relating to their natural instincts and emotional needs.

The main reason is similar to why humans love to fall into bed after a long day: the comfort and security your bed provides. As one of the softest and most inviting spots in the house, it offers a sense of safety and warmth that appeals to them (just as it does humans), especially during colder nights.

Dogs are pack animals and have a strong instinct to bond with their pack members - that's you! Sleeping in your bed allows them to be close to you, strengthening this connection and showing affection. This proximity can also be soothing for dogs, as it reassures them that they are not alone.

Additionally, dogs often develop a habit or preference for sleeping in certain areas if they find them particularly relaxing or rewarding. If your dog has been allowed to sleep in your bed since they were a puppy, or if they have had positive experiences there, they might naturally prefer it over other sleeping areas.

Why does my dog sleep by my feet at the foot of the bed?

If you've noticed your dog likes to sleep at the foot of your bed, it's actually a pretty sweet gesture in several ways.

First, this spot can be the perfect balance for them: cozy enough to feel snug and secure, but not too confining. It allows them to stretch out a bit without feeling too distant from you. At the same time, this position could be their way of respecting your space. They get to stay close without overwhelming you, maintaining that bond without being too clingy.

Plus, the foot of the bed might offer the ideal temperature, especially if they find it a bit cooler compared to snuggling up right next to you under the blankets.

But there's also a protective element to this choice. By sleeping at your feet, your dog positions themselves in a spot where they can keep an eye on the door and spring into action if anything amiss happens during the night. It's their way of standing guard and showing their loyalty.

Benefits of sharing the bed with dogs:

Sharing your bed with your dog can indeed bring a variety of perks, enhancing both emotional and physical well-being for you and your pet:

- **Feeling safer:** Many people find the presence of their dog in bed comforting, as it can make them feel safer and more secure. Similarly, dogs often feel more protected and calmer when close to their owners.
- **Feeling warmer:** On chilly nights, having your dog in bed can provide extra warmth. The body heat shared between you and your pet can make for a cozy sleeping environment.
- **Better emotional health:** The companionship of a dog can significantly impact your mood and mental health, reducing feelings of anxiety and depression and increasing feelings of happiness and contentment.

- Improved health & heightened immunity: Some studies suggest that being exposed to pet dander and the microbes that pets bring from the outdoors can boost your immune system, potentially leading to better overall health.
- Increased time together: In today's busy world, quality time with your pet can be limited. Sharing your bed allows for additional moments together.
- Bonding: Sleeping together can strengthen the bond between you and your dog. This closeness is a significant part of the relationship-building process, reinforcing your connection.

Overall, while sharing a bed with your dog is not for everyone, those who do often find it enhances their quality of life, providing comfort, warmth, and a deeper connection with their pet.

Problems when dogs share the bed:

While sharing a bed with your dog can have several benefits, there are also potential drawbacks that could affect both your sleep and overall well-being:

- Conflict within couples: Having a dog in bed can sometimes lead to disagreements between couples, particularly if one person is less enthusiastic about the idea. It can also physically come between partners, affecting intimacy and comfort.
- Changes in sleep quality: Dogs are naturally alert and may move around during the night, respond to noises, or even just adjust their sleeping position. This can disrupt your sleep cycle, leading to a less restful night.
- Increased allergies or asthma: For those with allergies or asthma, sharing a bed with a dog can amplify symptoms. Dogs carry dander and outdoor allergens like pollen, which can trigger allergic reactions or respiratory issues.
- Spread of illnesses/pests: While rare, there's a potential risk of illnesses or pests like fleas and ticks being transferred from your dog to you, especially if your dog spends a lot of time outdoors or in wooded areas.
- Challenges for older or frail dogs: Older, disabled, or physically frail dogs might struggle to get on and off the bed, potentially injuring themselves in the process. This could also lead to discomfort for them during the night.

These concerns are important to consider when deciding whether to share your bed with your dog. Balancing the benefits with the potential downsides can help you make a decision that works best for your specific situation and ensures that both you and your pet are happy and healthy.

Should I consult my veterinarian before letting my dog sleep with me?

Reaching out to your veterinarian is always a good idea when making any big changes to your pet's life. Every pet is unique. Your vet can check for any health issues that might affect your dog's comfort, like arthritis, and offer advice on managing allergies and preventing pests like fleas and ticks.

They can also assess any potential behavioral issues that could arise from sharing your bed, such as separation anxiety or territorial behaviors, and provide guidance on maintaining hygiene and safety to prevent any accidental injuries.

Does sleeping with your dog cause separation anxiety?

Sleeping in the same bed as your dog does not directly cause separation anxiety, but it can play a role depending on the individual dog's personality and previous experiences.

For some dogs, being close to their owners at night might actually provide comfort and security, helping them feel more relaxed both during the night and when alone during the day.

However, for others, especially those who are predisposed to anxiety or who are highly dependent on constant human companionship, sleeping in the same bed can reinforce their reliance on their owner's presence. This might make it harder for them to cope when left alone, potentially exacerbating their anxiety.



harder for them to cope when left alone, potentially exacerbating their anxiety.

It's important to monitor your dog's behavior for signs of distress when they're not with you and adjust your routines accordingly.

Tips for sleeping with your pet

If you're thinking about sharing your bed with your furry friend, here are some tips to make sure both of you get a good night's sleep:

- Choose a big enough bed: A mattress that has plenty of room for both of you is foundational to success. A cramped bed can lead to a night of tossing and turning for everyone involved.
- Regular vet visits: Regular vet checkups help catch any issues that might disturb your shared sleep, like fleas or ticks.
- Evening walks: A nice, calming walk before bed can do wonders. It helps your pet burn off any leftover energy from the day, so they're more settled when it's time to hit the hay.
- Keep things clean: Pets can bring a little extra dirt and dander to your bedding. Make it a habit to wash your sheets and blankets regularly to keep your sleeping space fresh and allergy friendly.
- Stick to a bedtime routine: Just like us, pets feel more secure with a routine. A consistent bedtime ritual can help signal that it's time to wind down, helping you both relax and drift off more easily.

By following these simple guidelines, you can enjoy the benefits of having your pet close while also getting restful sleep.

Final thoughts: Where should dogs sleep at night?

Deciding where your dog should sleep at night depends on a variety of factors, including both your preferences and the specific needs of your dog.

It's wise to try out a few arrangements before settling on a long-term solution. Allow your dog to sleep in your bed for a few nights to see how it goes. You can also try having them sleep in their own bed in your room, or even in a separate room. Pay attention to how well each of you sleeps and adjust accordingly.

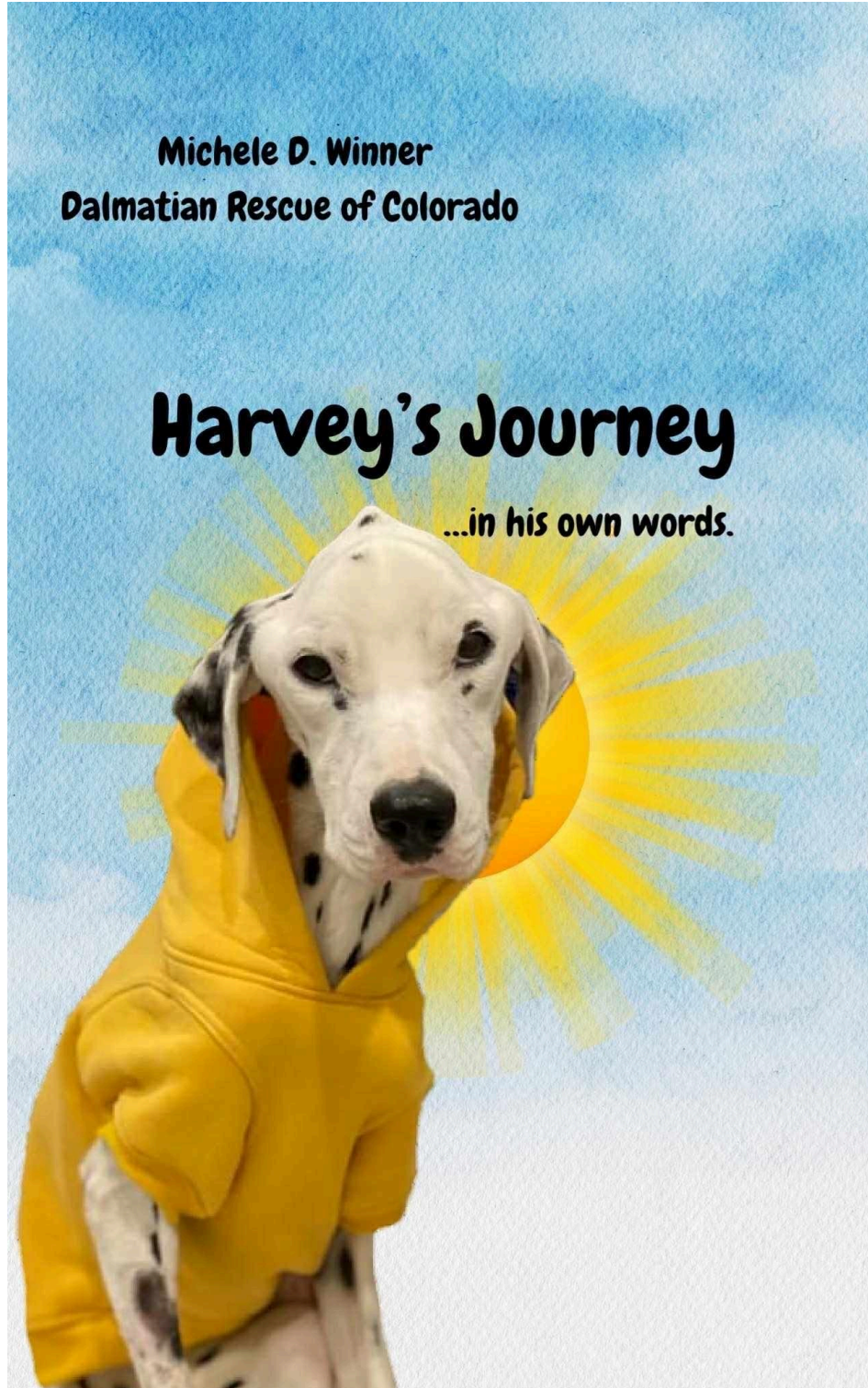
Ultimately, where your dog sleeps is also a matter of personal preference. Some people love the closeness of having their dog in bed, while others prefer their space. By considering these factors and experimenting a little, you can find a sleeping arrangement that works well for both you and your dog, so everyone can get a good night's rest.



Join DRC's own rescue Harvey, in his own words, telling the story of his life-changing journey from despair when first rescued back in December -- to sheer joy upon his adoption in June. Through the magic of social media, this heartwarming rescue story has already touched the hearts of nearly 50,000 people and will surely touch yours.

Harvey's unbreakable spirit will astound you and surely bring a smile to your face and lift your spirits. His miraculous recovery has garnered love and compassion from all ages, spanning from the elementary school aged generation to the retirement community. Treat yourself to a positive rescue story from Harvey's point of view. Available in an Amazon e-book and also in paperback.

All proceeds go to DRC.



**Available in either:
Paperback: \$14.99
Or E-Book: \$9.99**

Please click the link below to purchase this book and remember, 100% of book purchases benefit Dalmatian Rescue of Colorado!

[Harvey's Journey ...in his own words: Winner, Michele D.: 9798332160677: Amazon.com: Books](https://www.amazon.com/dp/B0C8J8J8J8)

The Ultimate Guide To Planning A Pet-Friendly Vacation Tips And Tricks For Stress-Free Travel

Story by Lauren Rey

Planning to take your four-legged friend on vacation? You're not alone. According to statistics from Dogster, 78% of American pet owners travel with their pets each year. And these traveling pet parents are happy to find that more public places allow pets than ever before. Whether you're going hiking and brewery-hopping with your dog or making your way to wine country with your cat (if your feline friend is into that sort of thing), you'll find plenty of pet-friendly accommodations along the way. Let's dive into the details of planning a tail-wagging trip!

Preparing for your pet-friendly vacation

Vacationing with pets may be easier than ever, but it still requires some planning to ensure your four-legged travel companions stay happy, safe, and comfortable during the trip. There are major differences between traveling with dogs and traveling with cats, so it's important to assess your pet's needs and comfort level with travel and take into consideration the mode of transportation you will be taking.

Many cats might not be comfortable with long hours in a car or the hustle and bustle of air travel. Dogs may be easier to travel with, as many of them love car rides, but some don't, so it's important to assess this ahead of time. Flying with dogs can be equally stressful, especially if your dog is too large to fly in-cabin. Whatever type of pet you have, if they get anxious with new people, places, and things, or are uneasy in the car, they may not enjoy going on vacation with you. In some cases, it's better to leave your pet with a trusted caretaker or in a boarding facility.

Once you've determined that your pet is mentally ready for travel, it's important to ensure they are physically ready. This means that they should be healthy and up to date on vaccines, parasite preventatives, and microchips. You'll also want to ensure you have all the pet travel essentials ready to go.

Checklist for traveling with dogs:

- Leash, collar, ID tags, and harness (if you use one)
- Food, water, treats, and medications (pack enough for the duration of the trip, plus extra in case of delays)
- Travel bowls
- Dog travel crate and/or dog seat belt for the car
- Travel dog bed
- Poop bags
- Pet wipes
- Vaccine records and/or health certificate (if required)
- Pet insurance information
- Pet first aid kit and the number to Pet Poison Control
- Comfort items like your dog's favorite toy and/or blanket
- Calming aids like Adaptil
- Any activity-specific gear needed, e.g. a hands-free leash for hiking, a dog life jacket for swimming, etc.
- If your dog is known to wander off, consider a GPS tracking collar.

Finding pet-friendly destinations and accommodations

There are lots of pet-friendly vacation destinations across the country, from National Parks and campgrounds to all-inclusive luxury resorts and wellness retreats. But when traveling with pets, it's important to plan for the journey as much as the destination, especially when traveling by car. You can map out pet-friendly hotels, pet-friendly restaurants, and pet-friendly activities like parks, beaches, and hiking trails along the way with apps like Bring Fido.

While there's no shortage of dog-friendly hotels to choose from nowadays, if you're traveling with multiple dogs or your canine companion is on the larger side, be sure to check pet policies before booking. Some hotels limit one pet per room or have weight restrictions. They may also require proof of vaccines, so don't forget your pup's paperwork. For our feline friends, most pet-friendly hotels accept both cats and dogs, but there are always exceptions. Be sure to inquire if the pet-friendly status applies to cats.

If you're looking for more space or privacy for you and your pets, don't forget about vacation rentals. You can find pet-friendly vacation homes through sites like Airbnb and Vrbo. Some even have large, fenced-in yards for your dogs to play, on-site access to dog-friendly beaches and hiking trails, and other pet perks.

Keeping your pet safe while traveling

Vacations are all about having a good time, but safety also needs to be a top priority when exploring new places with your pet. Even the most docile dog or calm cat may be tempted to make a run for it to check out a new sight, sound, or smell. Always keep your dog leashed and your cat in a carrier when getting in and out of a car, hotel room, or walking through a public area like a rest stop or airport. And of course, ensure they always have ID tags on!

There are also hazards to look out for while traveling with your pet. Consider the weather, especially when hiking or spending time

outdoors with your pet, heatstroke can occur quickly in dogs, even if it doesn't feel that hot out to us humans. It's important to take proper safety precautions for pets in warm weather, which includes never leaving your pet in a parked car, even if you think you'll only be gone a few minutes.

High-traffic public areas can also be full of hazards for pets. From antifreeze and oil spills to fast-food scraps, chocolate, gum, and even chicken bones. Dogs have a knack for sniffing out food and garbage on walks, so keep a close eye on them while navigating rest stops, gas stations, and parking lots.

Ready for a pawsome adventure?

Taking your pet on vacation is easier than ever, but it's important to plan ahead to ensure your pet stays safe and has a tail-wagging good time.

Recent Adoptees!



Dolly
Milton, GA

FOSTERS SAVE LIVES!

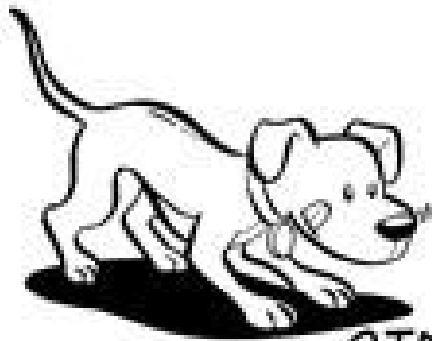
Dalmatian Rescue of Colorado **desperately** needs foster homes. We have four dogs currently needing foster care and two or three more waiting to come in. We can't help these needy Dalmatians without assistance from our community. We are looking for active, out-doorsy people who have secure fences and no cats and who are willing to give these beautiful dogs some time and attention. Visit www.dalmatianrescueco.org to see the Foster Application which can be completed and submitted online.

Can't Adopt or Foster Right Now? You Can Still help!

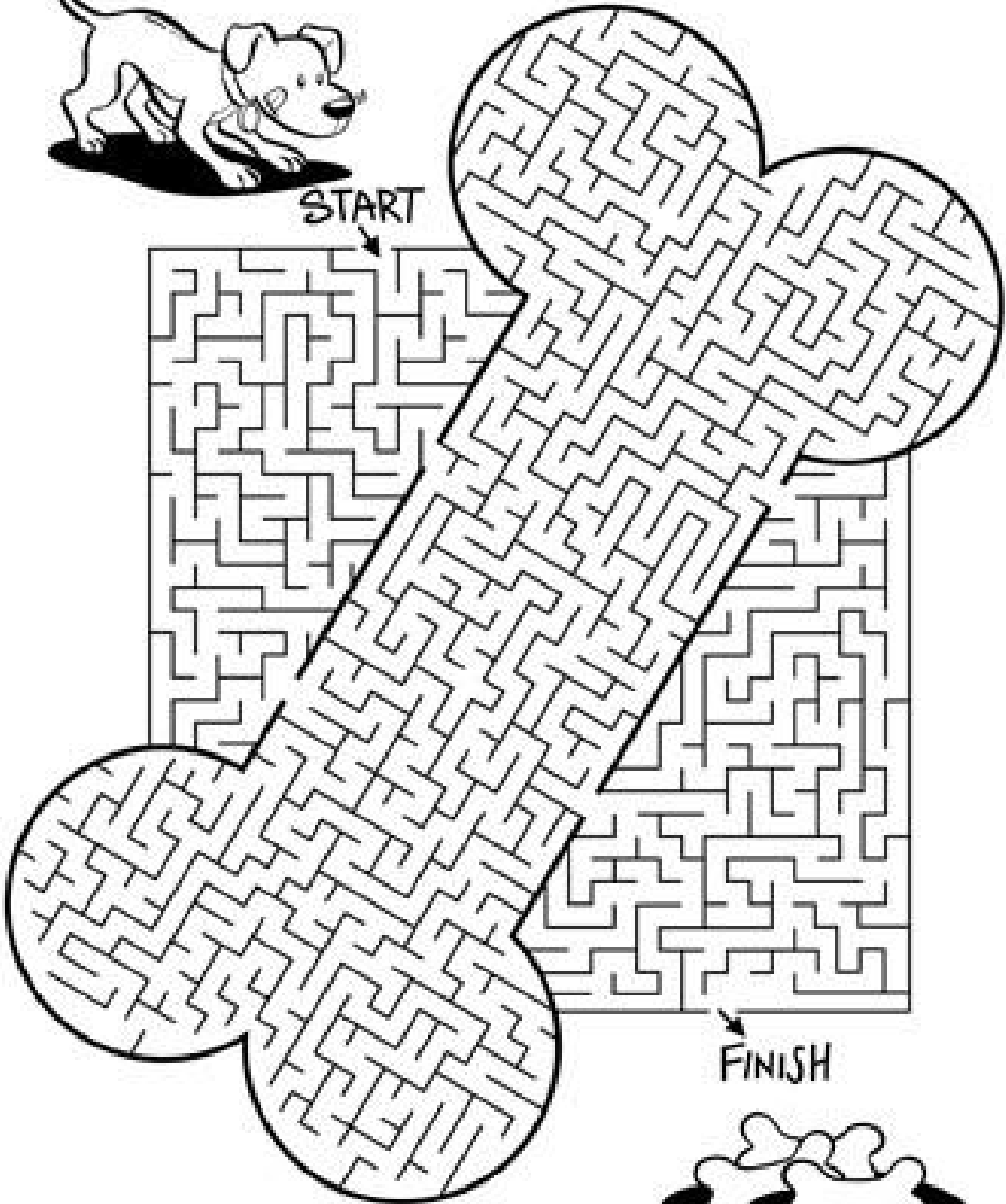
We know that not everyone is in a position to adopt or foster a homeless dog. You can still help us with a donation of any size, at any time. You might even want to consider a monthly donation. You can donate by clicking the link below to give via Paypal, Venmo or GiveButter.

<https://dalmatianrescueco.org/donate.html>

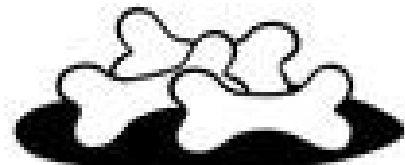
For The Kids *(or adults who are kids at heart)*



START



FINISH



Celebrate The Special Moments And Events In Your Dog's Life With... CAKE!

This month's recipe is number seven of nine veterinarian approved cake recipes I am sharing with you. So there's no excuse that you can't celebrate your dog's birthday, adoption day or any other special occasion. So get ready to bake...

These recipes all use dog-friendly ingredients, but keep in mind that your dog could have food sensitivities or different dietary needs. Talk to your veterinarian if you're not sure which recipe will work best for you and your dog!

It is important to know that these cakes are only for special occasions and should be served to your dog in small amounts, as a very special treat. Your dog's main diet should be based on animal-derived proteins, healthy fats, and a low amount of healthy carbohydrates. But yes, also, your doggy deserves to celebrate and have a treat!

Please when choosing the ingredients, make sure you choose them without artificial sweeteners, such as Xylitol (which is sometimes called Birch Sugar) as they can be very toxic for dogs. Now... Let's Bake!

Dog Carrot Cake Recipe



This straightforward dog cake recipe uses shredded carrots and an optional splash of honey. Even better, if you have a ring mold, you can make it crown-shaped!

This dog birthday cake is super fun to make. I made this for my dog, and she ate it all up. The honey is optional, but it makes the cake a sweeter treat for the dog. And yes, I tried some — it's pretty good.

This dog cake is packed full of great ingredients, including peanut butter, applesauce and pumpkin. It comes together and bakes up just like any other cake, but is perfect for your pets. The optional frosting is made from peanut butter and yogurt. **This recipe calls for peanut butter, make sure it is Xylitol free!!!**

Prep Time: 15 minutes Bake Time: 40 minutes Additional Time: 10 minutes

CAKE INGREDIENTS

- 1 egg
- ½ cup honey (Optional)
- ¼ cup peanut butter
- ¼ cup cooking oil
- 1 teaspoon vanilla extract
- 1 cup shredded carrots
- 1 cup whole wheat or white flour
- 1 teaspoon baking soda

INSTRUCTIONS

1. Gather all ingredients. Preheat the oven to 350 degrees F (175 degrees C). Grease a 6-cup ring mold or fluted tube pan.
2. Combine egg, honey, peanut butter, oil, and vanilla in a large bowl; blend well.
3. Stir in carrots until well-combined.
4. Sift together flour and baking soda and fold into carrot mixture.
5. Spoon cake batter into the prepared pan.
6. Bake in the preheated oven until a toothpick inserted in the center comes out clean, about 40 minutes.
7. Let the cake cool in the pan for 10 minutes, then turn out onto a wire rack to cool completely.
8. Cut, serve and enjoy!

Do You Shop Online?

We Have A Way For You To Help Us When You Do!

It's called iGive! They have over 1900 stores participating in their donation program! You're sure to find stores that you already shop at... walmart.com for example. It's really pretty simple. You sign up for free, then shop your favorite store from their link, complete and pay for your order. iGive then completes the donation process behind the scenes and each month they send a check to Dalmatian Rescue of Colorado. Sounds pretty good, right? You shop as you normally would and Dalmatian Rescue of Colorado gets much needed donations without costing you anything! That's what I call a win-win.

Check out iGive at [How iGive Works - iGive.com](http://www.igive.com)

We hope you'll sign up and support Dalmatian Rescue of Colorado every time you shop online!

KING SOOPERS/CITY MARKET COMMUNITY REWARDS



For Colorado supporters (or anywhere King Soopers or City Market operates), Dalmatian Rescue of Colorado has also enrolled in the King Soopers and City Market Community Rewards Program.

To Use the King Soopers or City Market Community Rewards Program, simply visit the appropriate link below.

For King Soopers Stores - go to <http://www.kingsoopers.com>

For City Market Stores - go to <http://www.citymarket.com>

Once logged in to your King Soopers or City Market account, search for Dalmatian Rescue of Colorado, Inc., either by name or FR415, and then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a loyalty card.

*Customers must have a registered King Soopers or City Market loyalty card account to link to our organization. If you do not yet have a King Soopers or City Market loyalty card, they are available at the customer service desk at any King Soopers or City Market.

REMEMBER, purchases will not count for our organization until after you have registered your loyalty card (the same card that you use to build fuel points). You must swipe your registered King Soopers or City Market loyalty card or use the phone number that is related to the registered King Soopers or City Market loyalty card when shopping for each purchase to count. This does not affect your fuel points!



DALMATIAN



20% OF PROFITS BENEFIT
DALMATIAN RESCUE OF CO.
AND OTHER GREAT RESCUES.

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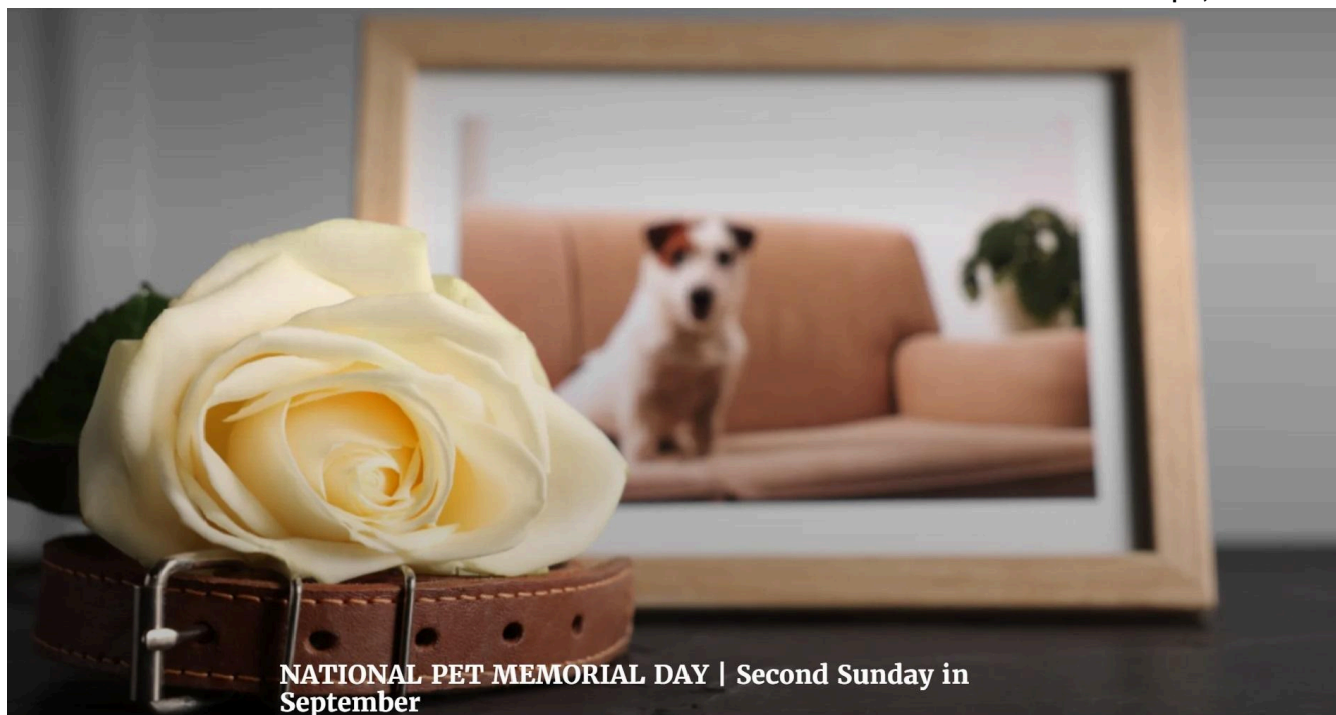
Drink Coffee. Save Dalmatians.

Every abandoned dog deserves a second chance. At Dalmatian Coffee Co., we use the sale of our single origin and blended coffees to help them find new homes. Twenty percent of our profits benefit Dalmatian Rescue operations (including Dalmatian Rescue of Colorado), no-kill animal shelters, and dog foster care organizations.

You benefit from big, bold flavors — dogs benefit from your giant heart. We don't roast until you order, so your coffee arrives at the peak of freshness.

When you purchase our coffee, apparel, and other items, you'll be part of a small group of rescues listed on our home page that receives an even share of 20 percent of our profits, each quarter.

[Dalmatiancoffeecompany.com](http://dalmatiancoffeecompany.com)



NATIONAL PET MEMORIAL DAY | Second Sunday in September

NATIONAL PET MEMORIAL DAY - SEPTEMBER 8, 2024

On the second Sunday in September, National Pet Memorial Day offers a moment to remember pets who have passed.

Pets play an important role in our lives. Not only are they companions, but pets become part of the family, too. Pets keep us responsible and remind us to play. When we are too serious, they lighten up our lives. Many pets keep us healthy, too. When we lose a beloved pet, the pain is genuine. Whether furry, feathered, or an uncommon variety, the loss is felt deeply. They become family and a familiar part of our lives. However, everyone mourns differently. Some pet parents plant a memorial. Whether they plant a tree, shrub or perennial flower, the plant offers an annual reminder of their pet. Others may create a stepping stone with a paw print, placing it in a garden. Still, others may create a tattoo of their pet's paw print. These actions offer a tangible way to cope with their grief.

The day also offers an opportunity to remember the pets who've passed through our lives. We remember the companionship and comfort they provided to us. Don't forget that part of the relationship included care provided by you. Memories replace the empty space left by the loss of a cherished pet.

HOW TO OBSERVE PET MEMORIAL DAY

Keep both past and present pets in your mind. Share your memorials. If you're seeking a way to memorialize your pet, here are some additional ideas:

- Get or design a memorial tattoo.
- Donate to a local shelter in your pet's name.
- Create a photo album.
- Write a poem.
- Plant a flower, garden, or tree (any of which may be donated to a local park).
- Donate training time to a local shelter - animals with behavioral training are more likely to be adopted into forever homes. Your time with them will be a lasting memorial to your beloved pet.
- Volunteer to help keep local parks clean for other pet lovers - pick up fallen limbs, debris, trash.
- Design, develop and build a pet exercise park. Be a part of getting it organized and built.
- Donate to a local fire rescue or police department's canine unit in your beloved pet's name. Your donation will help train animals for rescue and recovery.
- If you hold a memorial service, share these ideas.
- Use #NationalPetMemorialDay to post on social media.

NATIONAL PET MEMORIAL DAY HISTORY

In 1972, the International Association of Pet Cemeteries and Crematories established [Pet Memorial Day](#).



NATIONAL HUG YOUR HOUND DAY | Second Sunday in September

NATIONAL HUG YOUR HOUND DAY - SEPTEMBER 8, 2024

On the second Sunday in September, National Hug Your Hound Day dedicates a furry hug to our canine companions. All day long, be sure to give your pooch your full attention. Even spend the day much the way your dog spends it.

The idea of Hug Your Hound Day is about observing your dog (from his point of view). That means, explore your dog's world from his perspective. Investigate his environment and habits. You may discover some hazards as you roam around the house or yard. For example, you might find broken chew toys that have become choking risks. Perhaps your fur baby leads you to realize he has access to toxic chemicals.

Look for items or places that put your forever friend in danger. Place childproof locks on cabinets. Discard or repair any broken items. Our yards can be surprisingly risky, too. Check for toxic plants or holes in the fencing. Not only will your pup enjoy the companionship, but he will also be safer for all your exploring, too.

HOW TO OBSERVE HUG YOUR HOUND DAY

Spend a little extra time with your pups. Get down to their level. Make sure their environment and the places you take them are warm, comforting, inviting and safe. Oh yeah, and give your hounds some hugs! Use #NationalHugYourHoundDay to post on social media.

NATIONAL HUG YOUR HOUND DAY HISTORY

Ami Moore, an author, and canine behaviorist, created National Hug Your Hound Day. Her desire is to make America more pup-friendly, as it is in Europe. She would like for our dogs to be accepted in more places. Examples provided include taxis, malls, and restaurants. She encourages the appreciation of the companionship and value our dogs give us emotionally and physically.

**Editor's Note: As a note of caution, only physically 'hug' your dogs if they enjoy it. Some dogs don't and might react adversely to being hugged.
Always supervise your children and dogs!**



Trainer Tips

“Putting ‘Leave It’ To The Test”

© 2004-2024 The Light of Dog



The other night (September 2010) I was watching TV while snuggled up on the couch with Romeo. Jahzara, the Greyhound, was sleeping on her dog bed nearby. Freighter, the cat, was somewhere nearby as well. Ed, my husband, had just gone to bed. All was quiet and peaceful.

Reminds me of the start of *Twas the Night Before Christmas*:
“Twas the night before Christmas, when all through the house
Not a creature was stirring, not even a mouse”

Suddenly, Freighter was chasing after something. I assumed it was a moth, as they often get in the house and Freighter can't resist chasing them. I didn't think much of it. Romeo, however, can't resist joining in the chase, so he leaps off the couch and goes flying over to Freighter and joins in the chase.

When I looked to see what they were chasing, I realized that it was much larger than a moth. About the size of a small rodent, in fact. Yes, it was a mouse. So much for “not a creature was stirring”! The chase was on.

“Leave it!” I said. I always tell my clients not to use “leave it” in a situation where you don't have control of what you are telling your dog to “leave” until you have a pretty solid leave it on cue. And with this exciting of a situation, I probably should not have said it. Romeo is pretty good with stationary objects, but small furry objects running around are a much greater challenge. But I said it, so now I had to follow through. I said it again. I think I said it a third time as well. Amazingly enough, Romeo actually did stop the chase.

By this time, the mouse found his escape route and disappeared. Romeo really did “leave it”. I'd like to say it's because of the phenomenal job I've done training him. Of course, it might just have been because he lost track of the mouse or some other reason. Nah, I'm pretty sure it was my excellent training skills. Yep, we'll go with that.

For additional training tips and information, you can read our blog at <https://thelightofdog.com/read/> or find us on Facebook and Twitter.

 <https://thelightofdog.com/>

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(This “Ask The Trainer” article is reprinted with permission of Sue Brown, co-owner of The Light Of Dog, a Certified Dog Behavior Consultant. The Light of Dog Training is located in Sedalia, CO and services the Denver Metro Area. <https://thelightofdog.com/>).

*Bits & Pieces**Advertising in NewSpots! is FREE!!!*

Do you have a business or a hobby that other adopters, fosters, and volunteers might be interested in? Let us help you spread the word by 'advertising' in Dalmatian Rescue of Colorado's monthly newsletter – NewSpots! We currently notify about 1800 people of the new editions of NewSpots! That's a lot of word of mouth and print advertising for **FREE!**

Simply contact the editor, Karl Schill, at karl@dalmatianrescueco.org and he will work with you to provide your ad and place it prominently within the newsletter.

Foster Homes Needed!!

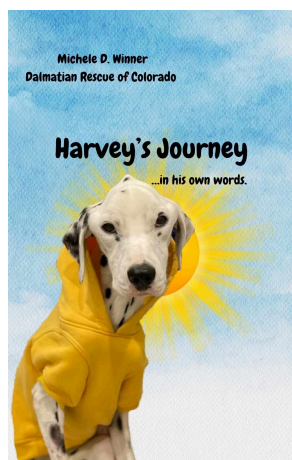
****** Be a Pal, Save a Dal ******

PLEASE – They need YOUR help!! Remember when your rescue Dalmatian came home with you, from the warmth of a loving foster family? If we hadn't had foster homes, you probably would not have gotten YOUR dog. PLEASE think about fostering a dog for the Dalmatian Rescue where you obtained your Dal, or the one closest to where you now live, so they can save lives like they saved your dog's life!! PLEASE give a warm home to a dog who can relax, show his true personality, enjoy a thick bed rather than a concrete floor in a shelter and get ready for a new home. PLEASE help rescues and the dogs so that others might have a dog that is well socialized, trained and ready to love. PLEASE think about this... Dalmatians are everywhere and are literally dying to meet you or someone willing to give them a "spot" to LIVE until their forever home comes along. PLEASE be a spot for rescue and for them?

We thank you and you know any dog you help your local rescue save will be eternally grateful! PLEASE submit a foster application if you can possibly help your local rescue and them! PLEASE take your cookie... good boy/girl!

Reader Recommendations and Tips

This is where we share recommendations and tips from and for our readers. Our newsletter is read by as many as 1800 people each month. That number constantly increases as we have more adopters and adopters recommend it to their friends and family as well. So, go ahead... share your tips and recommendations. Please send along any information you want to share with others, like products that you would recommend, dog toys, great pet insurance, good vets (or bad ones to avoid as well), etc. Is there anything you wish someone had told you about that you have found? Pass it along. Send your ideas, recommendations and tips to Karl at karl@dalmatianrescueco.org for inclusion in the next issue.



I just got my copy of Harvey's Journey today. Read it cover to cover in one sitting. Very engaging and fun to read. Although it can be a little tear-jerking at times. But what rags to riches story isn't?
-Karl Schill

You can find it here:

[Harvey's Journey ...in his own words: Winner, Michele D.: 9798332160677: Amazon.com: Books](#)
Paperback is \$14.99 and the E-book is \$9.99

I also want to remind everyone that ALL PROCEEDS go to Dalmatian Rescue of Colorado!

In The "Spot" Light... Our Featured Dalmatians

Fiona



5 Years Old, Black, Spayed Female
Reason Available: Stray
Foster Home: Aurora, CO

Sweet Fiona was so scared in the shelter in Las Vegas. Removing her from the kennel environment helped tremendously as did participation in small play groups.

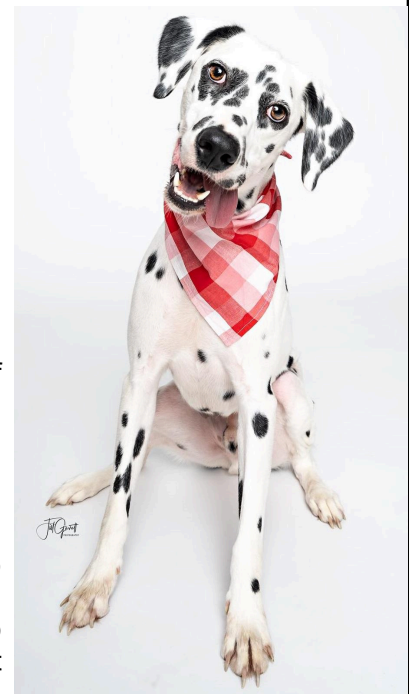
Foster reports that Fiona has become the proverbial "Velcro" dog. She gets along well with the foster's two males, but we don't know much about Fiona and females. Fiona, unfortunately, does present with hypothyroidism, which is easily controlled with inexpensive medication. She will be on medication for life, with periodic blood work to ensure that her levels are being maintained. A very pretty and entertaining girl, we don't know how Fiona reacts to cats or kids. Located in Aurora, CO, please contact

jeannine@dalmatianrescueco.org for more information. Suggested adoption donation: \$350.

Walker A

4 Years Old, Black, Neutered Male
Reason Available: Owner Surrender
Foster Home: Colorado Springs, CO

Gorgeous Walker has overcome many issues since he first came into Dalmatian Rescue of Colorado. After months with DRC's trainer, Walker is now demonstrating his loving and playful side, getting along well with his foster brothers and sisters and interacting well with the humans that come into his world. He has amazing house manners and loves to cuddle and watch TV! Walker responds well to positive reinforcement and a calm, confident human to guide him on his journey. He is energetic and would do well as a hiking or running companion. Cats and kids are an unknown. Walker does have a one-bite history. Since training, he has shown no signs of a repeat incident, but intensive discussion and some transfer training will be required with his trainer (at no charge to the adopter) prior to adoption. A large, fenced yard and time to spend with this boy is a must. Walker's suggested donation is \$400. Please contact jeannine@dalmatianrescueco.org for more information.



Happy Beginnings Stories

**Sadly, we have no
Happy Beginnings Stories
to share with you this
month.**

If you haven't submitted your pup's Happy Beginnings Story yet, please take this time to submit it today. These stories are our only pay for the work we have done to ensure your pup was ready to come live with you!

It's never too late to see your story in print!

We got a couple new Happy Beginnings Stories submitted last month!!

Let's keep them coming! If you have adopted your pup from us, regardless of when, and have not submitted their Happy Beginnings story yet, please do it now while it's fresh on your mind.

These stories are the "pay" that fosters get for all their hard work!

About Us

NewSpots! is published and released on the first calendar day of the month. The deadline for submissions for future issues of NewSpots! is the 25th of the previous month. Submissions received after the deadline may be delayed in publication until the following month, subject to the Editor's discretion.

Send submissions to the Editor at kari@dalmatianrescueco.org.

Dalmatian Rescue of Colorado, Inc. is a 501(c)(3) Non-profit organization. Donations are tax deductible!

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