

# Happy Independence Day!



As we prepare for the big celebrations, please take a moment to think about how this holiday might affect your dog.

The third of July is one of the busiest days for veterinarians, with people trying to get drugs for their dogs to help calm them during the fireworks. The fourth and fifth of July are typically two of the busiest days for the animal shelters as more and more dogs become scared and run away from their yards.

Some dogs can handle the loud noises of fireworks bursting in air, others not so much. Every year we hear about dogs that get frightened and run off. The lucky ones find their way back eventually. The unlucky ones end up at the shelter or worse. There are certain things that you can do to minimize the trauma on your dog and make this a pleasant holiday for him too.

## 10 Tips for providing a safe July 4th for your canine household

1. Make sure your dog gets plenty of exercise earlier in the day.
2. Keep your dog inside during fireworks, preferably with human companionship. If it's hot, air conditioning will help. Bringing your dog to a fireworks display is never a good idea.
3. Provide a safe place inside for your dog to retreat. When scared of sounds they can't orient, dogs often prefer small enclosed areas.. (I once had a dog who climbed in the bathtub during windstorms.) If your dog is comfortable in a crate, that is a good option.
4. If possible, keep windows and curtains closed. Covering the crate or lowering the blinds can also be helpful. Removing visual stimulation can also help calm dogs.
5. Make sure all your dogs are wearing ID tags with a properly fitting collar. Dogs have been known to become Houdini around the 4th of July.
6. Leave your dog something fun to do - like a frozen Kong filled with his favorite treats.
7. Sound Therapy: The psychoacoustically designed music of *Through a Dog's Ear* has been specifically designed to reduce canine anxiety and has been successfully utilized by dog lovers world-wide. It is most effective when you first play the music well before the fireworks start, at a time the dog is already feeling peaceful and relaxed. He will begin to associate the music with being calm and content. Then play the music a couple of hours before the fireworks start and continue to play through bedtime. The music doesn't need to be loud to be effective as it has been clinically demonstrated to calm the canine nervous system.
8. Sound Therapy combined with Desensitization: The *Canine Noise Phobia* series (CNP) consists of four CD's that can be used individually or as a set: Fireworks, Thunderstorms, City Sounds and Calming. CNP is an innovative desensitization training tool that combines three distinctive elements for the treatment and prevention of sound-sensitivities and noise phobias:
  - progressive sound effects (distant/close)
  - specially designed psychoacoustic music
  - reward-based reinforcement protocols
9. Tactile: There are two canine wraps on the market that reportedly help sound phobic dogs. The original Anxiety Wrap was invented by professional dog trainer Susan Sharpe, CPDT-KA. The patented design uses acupressure and maintained pressure to reduce stress. The Thundershirt is also a wrap for your dog that provides gentle, constant pressure. There website reports that over 85% of Thundershirt users see significant improvement in noise anxiety symptoms. Most dogs respond with the very first usage; some need 2-3 usages before showing significant improvement.

10. Scent: Canine Calm, an all-natural mist from Earth Heart™ Inc., can help dogs relax and cope more effectively with loud noises and other stressful situations. Directions on their website say to spray Canine Calm onto your hands and massage the dog's outer ears or abdomen. Or lightly mist the air behind your dog's head, inside the travel crate or car, or directly onto bedding or clothing.

Do you have any additional tips for helping keep dogs calm and safe on this noisy holiday? Please let us know so that we can share with the rest of our Dalmatian Rescue family! Send your tips to Karl at [dalmatianrescueofco@comcast.net](mailto:dalmatianrescueofco@comcast.net).

## *Your Dog May Be At Risk For Developing Heart Disease Based On Their Food, FDA Says*

By Kelly Tyko, USA Today

What's in your dogs' diets could be a factor in whether they develop heart disease, according to a new FDA report.

The Food and Drug Administration announced Thursday (June 27, 2019) that it is continuing to investigate a potential connection between certain diets and cases of dilated cardiomyopathy, known as DCM or canine heart disease, which can result in congestive heart failure.

The agency first announced the investigation in July 2018. Thursday's announcement named 16 pet food brands most frequently identified in the more than 500 reports cases.

"We know it can be devastating to suddenly learn that your previously healthy pet has a potentially life-threatening disease like DCM," Steven M. Solomon, director of the FDA's Center for Veterinary Medicine, said in a statement. "That's why the FDA is committed to continuing our collaborative scientific investigation into the possible link between DCM and certain pet foods."



The report says large and giant breed dogs are most typically affected, with cases being most prevalent in golden retrievers, mixed breeds and Labrador retrievers. However, there have been cases of smaller breeds, too, suggesting "a lack of a genetic connection," the report notes.

In most cases, the dogs ate dry food formulations.

The investigation also looked into the ingredients or characteristics of the dogs' diets. More than 90% of diets were "grain free" and 93% had peas and/or lentils.

### Identified brands

The report notes that the FDA doesn't yet know how certain diets may be associated with the disease.

"However, the FDA is first and foremost a public health agency, and takes seriously its responsibility to protect human and animal health," the agency said in the statement. "In the case of DCM, the agency has an obligation to be transparent with the pet-owning public regarding the frequency with which certain brands have been reported."

Here are the brands and how many cases were reported to the FDA for each:

- |                          |                           |
|--------------------------|---------------------------|
| · Acana: 67              | · MerrickL 16             |
| · Zignature: 64          | · California Natural: 15  |
| · Taste of the Wild: 53  | · Natural Balance: 15     |
| · 4Health: 32            | · Orijen: 12              |
| · Earthborn Holistic: 32 | · Nature's Variety: 11    |
| · Blue Buffalo: 31       | · NutriSource: 10         |
| · Nature's Domain: 29    | · Nutro: 10               |
| · Fromm: 24              | · Rachael Ray Nutrish: 10 |

## What's next

The FDA is encouraging veterinarians to report cases by using its electronic Safety Reporting Portal or by calling their state's FDA Consumer Complaint Coordinator.

Pet owners are advised to contact their veterinarian as soon as possible if "a dog is showing possible signs of DCM or other heart conditions, including decreased energy, cough, difficulty breathing and episodes of collapse," the report said.

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# How To Get The Tick Out

## Speed is more important than technique when removing a tick, but it helps to know which tool works best and how to use it.

By Nancy Kerns, Whole Dog Journal, June 17, 2019.



It's creepy enough that there are billions of these tiny insects living in the woods and fields, just waiting to latch onto your dog (or you!) and suck your blood. Bloating themselves with blood, ticks expand in size exponentially before falling off, able now to reproduce – gross! Add in the fact that a certain percentage of ticks may also infect your dog (or you!) with a disease that can cause pain and suffering for the rest of his life – that's *beyond* creepy. I lack words to describe the sheer perniciousness of this insect's survival strategy.

Most of us are aware that ticks can be infected with the spirochetes (microscopic bacterial organisms) that cause Lyme disease (for more information, see [Lyme Disease in Dogs](#), WDJ October 2018). But, depending on what part of the country you live in, the ticks around you may carry any number of *other* spirochetes that cause other painful diseases, such as Rocky Mountain spotted fever, anaplasmosis, babesiosis, ehrlichiosis, and more.

### Parasites in Parasites

These spirochetes are parasites of the ticks themselves! Ingeniously, they use ticks to help them move from one host to another. When a tick sucks blood from an infected mammal, bird, or reptile (common hosts include mice, chipmunks, deer, birds, and lizards) the spirochetes come aboard and set up shop inside the tick; when the infected tick bites its next host, the spirochetes slip into the new victim through the tick's saliva. The longer the tick feeds, the longer the spirochetes have to infect the tick's newest host.

Not all ticks carry the spirochetes that cause disease in mammals. The rate of their infection varies by geographic location, species and life-stage of the tick, and species of spirochete. Most prevalent is the species that causes Lyme disease, *Borrelia burgdorferi*. In southern New England – the epicenter of Lyme infection – about 20 to 30 percent of tick nymphs and 30 to 50 percent of adult ticks are infected with *B. burgdorferi*. In other parts of the country, *B. burgdorferi* may be found in fewer than five percent of ticks.

### How to Protect Your Dog

To protect your family members from tick-borne disease, then, your job is two-fold: Do everything that you can to keep ticks off of your dog, and quickly find and remove any ticks that do manage to climb aboard.

We've discussed oral and topical pesticides that are fed to or applied to dogs to kill ticks in other articles (see [Prescription Flea and Tick Medication](#), WDJ September 2017). But it's clear to anyone who uses prescription or over-the-counter medications or spot-on products, tick collars, essential oils, or anything else, that no matter what you use, some ticks will manage to climb aboard and bite your dog. So let's talk about the second tactic for protecting your dog from tick-borne disease: Getting the ticks off your dog ASAP.

### How to Remove Ticks

I have heard countless methods for tick removal: Paint a tick with nail polish and it will detach from the dog to avoid being suffocated. Touch a just-extinguished match to the tick's body so it pulls itself out. Pull while turning the tick clockwise. No – pull while turning *counter-clockwise!* All of these tactics are ineffective; don't do any of them!

It's actually quite simple: Just try to get a good grip on the tick, as close to the dog's skin as possible, and pull it straight out.

Note that I said *simple*, not easy. Ticks are tiny. Your dog may be squirming. If his coat is thick, it might be hard to isolate the tick in your grip. You may end up pulling, or being impeded by, his hair, too. And if your fingers are thick, you run the risk of squishing the tick between them as you pull, which can result in squeezing the contents of the tick's mouth and guts into your dog! Ack! That actually increases the chance of infecting your dog with any disease-carrying spirochetes that the tick might be hosting!

Tweezers can be used more effectively than your fingers, but they, too, pose the risk of squeezing the tick and squirting that potentially pathogenic-filled tick spit into your dog's body.

Instead, use a tick pulling tool with a V-shaped slot. Slide the tool between your dog's skin and the tick's body, wedging the tick's body into the tightest part of the tool's crevice. When you feel that the tick is securely lodged in the slot, pull upward on the tool and – pop! The tick comes right out.

## Tick Tool Time

There are any number of tick-pulling tools on the market. Many of them are basically tweezers. They may have longer stems or sharper points than tweezers meant for other purposes, but they all pose the risk of squeezing the tick as you grasp it hard enough to pull it out.

The superior tools for this purpose all have the V-shaped slot that you wedge the tick's body into, effectively using its ... shoulders? ... as leverage for when you pull.

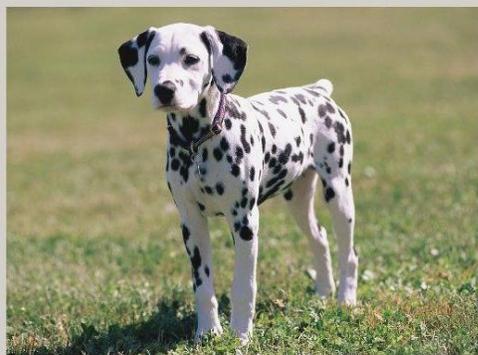
The best tick-pulling tools have a few specific attributes that increase their effectiveness:

- They are made of a strong yet thin material. The tool has to be thin enough to slide between the tick's body and the dog's skin, along both sides of the tick's ... neck?
- They are possessed of a V-shaped slot that is narrow enough at the bottom of the V to trap and leverage against the narrowest of tick ... shoulders? (The tick's body, basically.) If the V is not vanishingly narrow at the bottom, the tool won't capture the tiniest ticks.
- They are of a size and shape that is easy for even thick-fingered people to grasp securely and that can be slid under the tick's body easily.

We tested several tick-removal tools with V-shaped slots, and our favorites are described below. We purchased all of these products on Amazon.com. We like to support local pet supply stores, but these products are rarely found in stores.

| Product Name<br>Price  | Description  | Comments  |
|--|--|---|
| <b>PRO-TICK REMEDY</b><br>\$7<br>   | Tempered steel tool and a small plastic magnifier                                      | Our favorite product for all but tiny deer ticks. The shape of the tool makes it easy to grasp and slide under the tick; the slot of the tick-capturing V is narrow enough to capture all but the tiniest ticks.  |
| <b>O'TOM TICK TWISTER</b><br>"The Tick Twister by O'Tom" seems to be a newer branding of identical products.<br>\$5<br> | Two plastic tools, small and smaller   | If the V is too big on the bigger tool to capture a tiny tick, the smaller one will hook it. This would be our top choice if tiny deer ticks were the primary tick found in our area. The tools themselves are small and a bit difficult to maneuver for thicker-fingered folks.    |
| <b>TICK EASE TICK REMOVAL TWEEZERS</b><br>\$10<br>  | Two-ended stainless steel tool with V-shaped slot on one end and tweezers on the other | We would disregard this tool because of the tweezers (which we don't recommend), but the narrowest part of the V-shaped slot on the other end of this tool is as narrow as the other metal tools recommended above and its handle might be easier for thick-fingered people to use. |
| <b>THE TICK KEY</b><br>\$7<br>  | Aluminum tool  | Not recommended. Although the V-shaped slot is about the same size as that of the Pro-Tick Remedy and the Tick Ease, the shape of the tool makes it much more difficult to slide between the tick and the dog.  |
| <b>TICKCHECK PREMIUM TICK REMOVER KIT</b><br>\$20<br>   | Two stainless steel tools: One is tweezers. One is a tool with a V-shaped slot         | Not recommended. We don't recommend tweezers, and V-shaped slot on the other tool is far too wide at base to capture small ticks.   |

Who called you a bad dog? Point them out.  
I will end them...



Women and cats will do as they please, and men and dogs should relax and get used to the idea. ~ Robert A. Heinlein



THE CAT SLIPPED AND  
FELL INTO THE TOILET



I WAS PUSHED!!

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# *What To Do Immediately After Your Pet Is Bitten By A Rattlesnake*

From the Southern Arizona Veterinary Specialty & Emergency Center Blog (<https://www.southernazvets.com>)



If you and your pets live in (rattlesnake country), knowing basic rattlesnake bite safety could end up saving your pet's life. As a pet owner, a rattlesnake bite is frightening and can be one of the most dangerous situations you will face with your pet. Not only do you need to act fast to save your pet's life, you also need to know what to do in the moments after a bite.

Pay attention to this list! Its contents could end up saving you or your pet's life one day.

## **DON'T: Try To Scare Away the Snake**

If your dog has been bitten by a snake, then he or she might try to strike back. Without putting yourself in further danger, act quickly to get away. In these situations, it is essential that you remove both yourself and your pet from the snake. Remember that snakes have a very wide striking distance.

## **DO: Call Emergency Vet Services Immediately**

Venom enters the bloodstream as soon as your dog or cat has been bitten, which means they need emergency veterinary treatment as soon as possible.

The sooner you can get on the phone with veterinary emergency services, the better. If you live in (or visit) Tucson, contact us at the Southern Arizona Veterinary Specialty and Emergency Center. When veterinarians need urgent help or antivenom to save a pet's life, they turn to the emergency vets at our Tucson animal hospital, and so should you.

## **DON'T: Use a Tourniquet**

Using a tourniquet can contribute to tissue death. By restricting blood flow near the bite, the venom is concentrated in one area and the blood there is not oxygenated, which can lead to necrosis. Because rattlesnake venom is hemotoxic (it damages red blood cells, platelets, and blood proteins that allow normal blood clotting), it prevents the pet rattlesnake bite wound from clotting. Unfortunately, many pet owners mistakenly think a tourniquet will stop the bleeding.

## **DO: Check for Symptoms of a Pet Rattlesnake Bite**

Unless your pet was on a leash when bitten, it may not be immediately clear what happened. If your pet is acting strangely or you notice a sudden change in personality, it's important to check for the following pet rattlesnake bite symptoms:

- Bleeding puncture wounds
- Swelling and bruising around that puncture wound
- Slow or ragged breathing
- Whimpering in pain or fear
- Sluggish behavior, lethargy, or trembling

## **DON'T: Suck the Venom Out**

Don't believe what you see on TV! Once snake venom is in the bloodstream, it's there to stay. Trying to suck venom out of your pet's wound is akin to trying to take a vaccination out of your system once it's been administered. Instead, you should seek out a veterinary emergency or specialty center immediately. You don't have time to lose.

## **DO: Keep the Wound Below Heart-Level**

It may seem like common sense to elevate the wound; unfortunately, the exact opposite is true for snake bites. Our emergency veterinarians in Tucson will tell you that the goal is to keep the infected blood away from the heart as long as possible. Keeping the bite lower than the heart can help with this.

Here in the United States, about 38.9 million homes include a pet cat, and 46.3 million include a dog. If you live in any region of the country with rattlesnake populations, then it's crucial to be prepared for anything. First, you should know what to do (and what not to do) after your pet is bitten by a rattlesnake. Second, you should have a veterinary emergency center on speed dial — just in case.

Above all else, remain calm while you seek out emergency veterinary services. Venomous snake bites, especially rattlesnake bites, are treatable with the right antivenom, but only if you get to the animal hospital in time.

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## Recent Adoptees!



**Fudge**  
Saint Louis, MO

Photo  
Not  
Available

**Milo4**  
Irving, TX



**Annie7**  
Lakewood, CO



**Callie**  
Golden, CO



**Oreo6**  
Omaha, NE

## 10 Best Tough Dog Toys

**Editor's Note:** For space concerns, this article was broken into two parts. This is Part Two. Part One is in the June issue of NewSpots!

Below are some of the best reviewed tough toys on the market along with some information on their pros and cons.

### 1. Black Extreme Kong Toys

Kong Dog Toys are known for their quality and durability. The Classic Kong, which is red in colour, is an extremely versatile and very durable toy. It is usually strong enough to withstand an average dog's rigorous chewing. For the real power chewers, there is an even tougher Kong option which is referred to as the Kong Extreme. This black version of the Classic Kong is made of an even denser material and is one of the toughest toys on the market.

Make sure you select the right size for your dog's weight and don't leave them unsupervised initially until you see how the toy is handling the dog's chewing capability.

Kongs can be stuffed with food, they can be frozen and they are extremely versatile. We would recommend always having at least one in your doggy toy arsenal.



### 2. Tuffy Dog Toys

If you have a dog that really likes soft toys but manages to chew their way through every one that you have ever bought, then the Tuffy range may be worth a shot. For the most aggressive chewers a Kong Extreme or another very durable rubber toy may still be

a better option but, in terms of soft toys, these are one of the most respected on the market. The toys are graded in terms of their durability, from 5 right up to the toughest option at 10.

They are made with multiple layers of very tough materials and they have extra stitching and then a cover over this stitching to minimise the chance of the dog picking at it to loosen the material.

Don't forget that, at the end of the day, these are still a soft toy so, if you have a real power chewer they will not be likely to last. But, if they love a soft toy and you want to try the toughest one out there then it could be worth the money. Make sure that you pick one of the toys that is graded a 9 or 10 to have the best chance of it surviving. Some of the lower graded toys come in novel animal shapes. They can be a good option for a dog that is not a destroyer but you just want one that will last a while and wash well but they are not designed to withstand any proper chewing really.

The Tuffy Mega Ring is a 10 on their chew scale.



### 3. Orbee Tuff Toys

Planet Dog is a wonderfully philanthropic, ethical company that also just happen to make fantastic, durable and high-quality dog products. Their flagship Orbee-Tuff range of toys are extremely popular. They are made from safe, non-toxic, environmentally friendly rubber, manufactured in the USA and they have a reputation for being very robust. They all have a unique scent that can encourage your dog to show more interest and the rubber is very pliable. Their Orbee Tuff Balls come in three different sizes and in a variety of styles (globe, snowball, coal etc). They are more expensive than your average ball but, check out the reviews and you will see that it will likely be worth the investment. They are not totally indestructible but they can survive rigorous chewing.



### 4. West Paw Designs Toys

West Paw Designs, like Planet Dog, are another groundbreaking pet brand that are leaders in environmentally friendly products. Their range of toys is also well known for being extremely durable and suitable for some of the most powerful chewers. They have a lot of great interactive, stuffable treat toys and many of them float in water. They are all made from a safe, non-toxic rubber and are recycled and recyclable. They even accept toys that have seen better days to be returned back to them so that they can be recycled again.

The Tux Dog Toy is a great option for stuffing with treats and the Hurley is a popular one for playing fetch and retrieve, even in water.

Again, they are not cheap, but they are usually robust enough to justify the price tag.

West Paw Designs are so confident in their products that they also offer a guarantee.



## 5. Goughnuts

Goughnuts are often heralded as being the toughest dog toys on the market. They are a super tough, heavy dog toy that only the most serious aggressive chewers are likely to make a dent in. The company offers a guarantee on their products and, if your dog manages to chew through the very tough outer layer to expose the inner red layer, they will replace the toy.

The Goughnut Max 50 is regarded as the toughest of all their toys. It is a black ring and it has a little yellow spot on it. Because it is so hard with practically no give and no option to use as a treat toy, some dogs may lose interest.



## 6. Kong Wobbler

Another tough Kong toy option, but this one offers something a little different for keeping your dog entertained and stimulated. The Kong Wobbler is the same shape as the Classic and Extreme black Kong but it is a lot bigger and made from a harder plastic with a weighted bottom. It can be unscrewed so that treats or kibble can be put in the base and then the dog has to work knocking the wobbler from side to side to dislodge the treats from inside through a small treat dispensing hole.

It offers a different challenge for your dog. Because it is made from hard plastic it can be noisy if it bangs against walls or furniture and some more sensitive dogs may find this a little unnerving and need some guidance and encouragement to start with. It is also not a suitable one for using in a crate or confined space.

It comes in two sizes, the bigger one will likely be too heavy and difficult to topple for smaller breeds.



## 7. Jolly Pets Romp-N-Roll Ball

These Romp-N-Roll Balls from Jolly Pets are a football-sized ball made from tough hollow plastic and with a rope attached making it easier to pick up and throw. Because of their size and the material they are made from they are very difficult for a dog to get their teeth into them meaning they are very durable. They are not ideal to leave your dog unsupervised with if you want the rope part to remain intact though and they would likely be too big for the smaller breed dogs. This brand is even sometimes used for the big cats in zoos so that gives you an indication of how tough they are!



## 8. Chuckit Ultra Balls

The Chuckit Ultra Balls are not as tough as some of the other products on the list but, if you are looking for a more durable option in place of a tennis ball then these are a great alternative. They are much more durable, don't gather the moisture and dirt, are super bouncy, float in water and are very bright so easy to spot in the grass and they come in three sizes.

There is also a squeaky version of the ball too although it is not quite as durable as the standard Ultra ball.



## 9. Nylabone Dura Chew

The Nylabone Durachew range is exceptionally tough and long lasting. The range comes in a variety of shapes and they have ridges that offer different textures for interest and to help promote dental hygiene. They are made from durable nylon and they are usually infused with a flavouring. For dogs that are not big chewers, they can often lose interest in this toy but, for those that enjoy chewing they can be a popular option. The dog will gradually wear down the edges of the Nylabone and small grain of rice size pieces may break off but they are small enough that, even if they are ingested, they will pass through the body without any risk. The biggest drawback with this product is that, because it is so tough there is a small risk of a dog damaging or breaking a tooth because of the pressure that will be exerted when the dog bites down on it.

They also come in a variety of different sizes. It is important to pick the most appropriate size to avoid any choking hazard.



## 10. Durafoam Ball

If you are looking for a ball that is soft enough for safe indoor play and one that floats well, the Durafoam Ball could be a good option. Again, not as hard wearing as some of the real power chew toys like the Extreme Kong, so perhaps not so good for leaving your dog with unsupervised, this is still a very durable ball option that can withstand a lot of attention.

It is made from a densely pressed foam and available in a couple of sizes.

There is also a version that is on a rope and this can be great if your dog likes to play tug of war. The rope is obviously not chew proof!





## Trainer Tips

### *“What is appropriate exercise for a puppy or adolescent dog?”*

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What is appropriate exercise for a puppy? What KIND of exercise should you give your puppy? How much is too much? How much is not enough?

This is one of those Catch-22 situations. Puppies in general have a LOT of energy. And we need to make sure we are finding ways to help them burn it off or they can drive us crazy!

But we also have to be very careful about overdoing it and potentially causing injury or lifetime problems. What to do?!

I am sure you have all heard the montra “a tired dog is a good dog.” As we have discussed with many of our students, that is not necessarily true. We need to be very careful about HOW they are burning their energy. We also need to be careful not to overdo it. This is especially true with puppies as well as adolescent dogs who have not finished maturing physically yet.

Walks are a popular way to tire out a puppy or dog. But it's not always the best way to burn off your pup's energy.

In fact, we see lots of people – with good intentions! – who are overdoing it with their pups. Long walks through the neighborhood or long hikes on trails is NOT appropriate exercise for a puppy.

We are all for getting puppies out and getting exposure and some exercise. But long walks are not the healthiest option for youngsters just yet.

Short walks are great though. Walks that allow your pup to meander and check things out and investigate smells are good. Long serious walks with no stops are not.

As joints are still developing, it's much easier to cause injury that can have lifetime effects.

Jumping on and off furniture, climbing stairs, jumping in and out of vehicles, and such, are also potentially dangerous for your young pup or adolescent dog and is not appropriate exercise for a puppy.

There is no one specific rule that you can apply to each and every puppy. It depends in part on the breed and the age. And the individual.

A good place to start for reference is the [Puppy Culture website](#). There is a detailed article and chart that lays out some good guidelines to start. Speaking with your veterinarian is also a good idea for adjusting guidelines to your dog. And if you obtained your pup from a reputable breeder who understands your breed well, they should be able to help you with advice as well.

Be sure to also exercise your puppy mentally, which is just as important as physical exercise.

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For additional training tips and information, you can read our blog at <https://thelightofdog.com/read/> or find us on Facebook and Twitter.

 <https://thelightofdog.com/>

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(This “Ask The Trainer” article is reprinted with permission of Sue Brown, co-owner of The Light Of Dog, a Certified Dog Behavior Consultant. The Light of Dog Training is located in Sedalia, CO and services the Denver Metro Area. <https://thelightofdog.com>).

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*One reason a dog can be such a comfort when you're feeling blue is that he doesn't try to find out why.*

*~Author Unknown*

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## Bits & Pieces

### ***Advertising in NewSpots! is FREE!!!***

Do you have a business or a hobby that other adopters, fosters, and volunteers might be interested in? Let us help you spread the word by 'advertising' in Dalmatian Rescue of Colorado's monthly newsletter – NewSpots! We currently notify about 700 people of the new editions of NewSpots! That's a lot of word of mouth and print advertising for FREE!

Simply contact the editor, Karl Schill, at [dalmatianrescueofco@comcast.net](mailto:dalmatianrescueofco@comcast.net) and he will work with you to provide your ad and place it prominently within the newsletter.

### ***\*\*\*\*\* Be a Pal, Save a Dal \*\*\*\*\****

PLEASE – They need YOUR help!! Remember when your rescue Dalmatian came home with you, from the warmth of a loving foster family? If we hadn't had foster homes, you probably would not have gotten YOUR dog. PLEASE think about fostering a dog for the Dalmatian Rescue where you obtained your Dal, or the one closet to where you now live, so they can save lives like they saved your dog's life!! PLEASE give a warm home to a dog who can relax, show his true personality, enjoy a thick bed rather than a concrete floor in a shelter and get ready for a new home. PLEASE help rescues and the dogs so that others might have a dog that is well socialized, trained and ready to love. PLEASE think about this... Dalmatians are everywhere and are literally dying to meet you or someone willing to give them a "spot" to LIVE until their forever home comes along. PLEASE be a spot for rescue and for them?

We thank you and you know any dog you help your local rescue save will be eternally grateful! PLEASE submit a foster application if you can possibly help your local rescue and them! PLEASE take your cookie... good boy/girl!

### ***Reader Recommendations and Tips***



If someone you love gets injured and rushed to the hospital, wouldn't you want to be notified quickly? Without emergency ID it may take hours to find you.

The In Case of Emergency USB has a pre-loaded text file with emergency contacts, phone numbers and medical info so you can be notified quickly.

It's obvious, it's robust and can carry approximately 200 pages of medical info, but there's no information on it that a thief could use.

- The I.C.Emergency USB comes with a pre loaded text file, you fill out your own details on the usb when you receive it.
- You can add or delete any information on the pre loaded file, it's your choice, you can also add a photo or put two people's info on it if you swap cars with your partner.
- 90 Day Unconditional Money Back Guarantee against faulty products. Physical damage to the product by you is not covered.
- There's nothing on the file that a thief could use if your keys were stolen. In fact, if you lose your keys, the finder can easily call you and arrange their return.
- Paramedic Alert stickers are available to put on your vehicle windscreen, helmet or phone.

***Everybody could use these.... Get yours today!***

**<https://www.icemergency.com.au/>**

### ***Canine Paralysis:***

***The condition in which a person is unable to move due to the presence of a dog in his or her lap.***

***Do you suffer with this?***

## *In The Doghouse...Our Featured Dalmatians*

### *Albert*

**1.5 Years Old, Black Neutered Male**  
**Reason Available: Owner Surrender**  
**Foster Home: Altoona, PA**

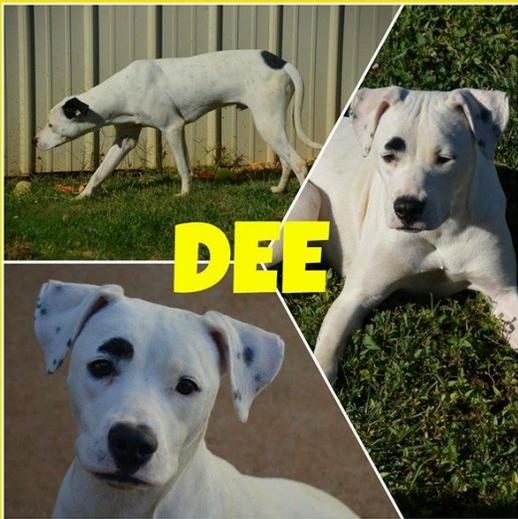
Albert is half of a very adorable Dal x Lab sibling duo that was surrendered to a high-kill, rural shelter in AL by the owners. The surrender was due to a sudden and complete family financial disaster. Albert is very good with all dogs, large and small, and is very social with all people he meets in his foster home in Altoona, PA. He gets along with cats. Albert and sister Dee are very sweet, very loving and very energetic as they are typical puppies. Albert is crate trained and housebroken in the foster home in Altoona PA, but being still young, he must be crated when home alone. A 6' fence is needed because he has jumped a 4' fence. The foster dad, who adores these pups, has also offered to donate \$100 towards their adoption if they go together. Albert and Dee have been a pair since birth and we'd sure like them to stay forever together! For more information, contact Mike at [optimus2b@yahoo.com](mailto:optimus2b@yahoo.com) or Sandy at [sandy@dalmatianrescueco.org](mailto:sandy@dalmatianrescueco.org). Adoption fee is \$250 OR \$150 each which includes all vetting plus microchipping.



### *Dee*

**1.5 Years Old, Black Spayed Female**  
**Reason Available: Owner Surrender**  
**Foster Home: Altoona, PA**

Dee is half of a very adorable Dal x Lab sibling duo that was surrendered to a high-kill, rural shelter in AL by the owners. The surrender was due to a sudden and complete family financial disaster. This girl has energy and would make a great jogging partner or running with a bike. She needs a 6' fence as the 4' was no challenge. Dee is crate trained and housebroken and she is now in a foster home in Altoona PA. This is a very charming young lady who loves to sit in the chair with you while you tell her how much you love her! The foster dad, who adores Dee and her brother, Albert, has also offered to donate \$100 towards the pair's adoption if they go together, which they would like. Don't you need a Dee? She needs you! For more information contact Mike at [optimus2b@yahoo.com](mailto:optimus2b@yahoo.com) or Sandy at [sandy@dalmatianrescueco.org](mailto:sandy@dalmatianrescueco.org). Adoption \$250 or \$150 each if both dogs are adopted together, including vetting, vaccinations and microchip.



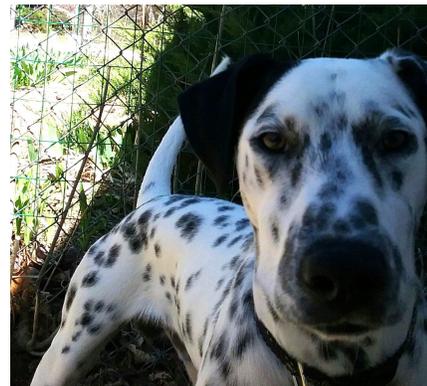
## Happy Beginnings Stories

### *Buddy (aka Oakley)*

Buddy (aka Oakley) has been with us for a few weeks now and it's like he has always been a part of the family! He is not shy! As the youngest of our 3 dogs, it did not take him long to fit in with the other dogs. He followed them around constantly for the first week or so and now that he knows the lay of the land, he has made it his own. And LOVABLE! He is a cuddler! He will get as close to you as possible and plop down to nap but only after he has worn himself out playing fetch. Most of the pictures I take, he has a ball in his mouth! It is always a bit scary to bring a new pet into your home because you don't know how they will interact with their new environment, but I must say-he is a keeper!

Thanks Dalmatian Rescue for providing such a valuable service to canines everywhere!

– Dawn in Colorado



### *Chloe (aka Harper)*



This beautiful lady is named Chloe!

Chloe was originally found in Texas, roaming alone in the streets with no known background. Thanks to Dalmatian Rescue of Colorado we were able to find our perfect family addition and could not be more grateful. Chloe was 6 months when we adopted her and was very scared and timid. With so much love and attention she started gaining her confidence around the third week of being in our home. She has improved so much in just a few months and does absolutely well inside and outside the house (If you ignore all the holes she loves to dig). She loves to cuddle, needs to have her bed/blankets/toys, she's very energetic and loves to go on long walks. She does very well with children of all ages and dogs, both female and male. She has learned her basic commands through positive treat rewarding and will do all tricks at once before being told if it means getting a yummy treat! Chloe has been a very special add on for me and my husband and she will never know truly how much of a void she keeps filling in us. Thank you so much Beth White for being amazing and finding our sweet lady! We hope to soon be able to find Chloe a sister/brother!

– Damris P.  
Colorado Springs, CO

#### **It's never too late to see your story in print!**

If you have adopted your pup from us, regardless of when, and have not submitted their Happy Beginnings story yet, please do it now while it's fresh on your mind.

**These stories are the "pay" that fosters get for all their hard work!**

### *About Us*

NewSpots is published and released on the first calendar day of the month. The deadline for submissions for future issues of NewSpots is the 25<sup>th</sup> of the previous month. Submissions received after the deadline may be delayed in publication until the following month, subject to the Editor's discretion.

Send submissions to the Editor at [dalmatianrescueofco@comcast.net](mailto:dalmatianrescueofco@comcast.net).

**Dalmatian Rescue of Colorado, Inc. is a 501(c)(3) Non-profit organization. Donations are tax deductible!**

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**Website: <http://www.dalmatianrescueco.org>**