

Dog Bed Buyer's Guide: How To Choose The Right Bed For Your Dog

By Jackie Lim at <https://www.petcoach.co>



These days, there are a lot of choices when it comes to dog beds, and for good reason – your pup deserves a cozy place to snooze and gnaw on his chew toys.

However, with all the options out there, you might feel overwhelmed. What features should one look for in a dog bed? How do you know if it's the right choice for your canine? Here are the most common types of beds, and a few pointers on how to find the right bed for your dog.

What to Look for in a Dog Bed

There are many different types and sizes of dog beds, but here are the qualities you'll want to keep in mind as you shop:

Padding thickness: to maximize your dog's comfort, look for a bed with the right amount of padding. Dogs have several bony protuberances that in turn can cause pressure points, says Dr. Brian P. Grossbard, a veterinary surgeon at the Animal Specialty Center in Yonkers, New York. "Prolonged pressure on those sites can lead to pain, skin damage and in some cases even skin wounds," says Grossbard. "The most common sites are the outside of the elbows, shoulders and hips. Well-cushioned surfaces can provide substantial relief and allow them to rest comfortably."

Padding material: pay attention to the material of the padding rather than just the thickness, Grossbard says. For example, two inches of high-quality memory foam on the bottom of a bed will likely provide a more comfortable surface than four inches of a cheaper material, such as loose foam or polyester filling. "A general rule is that if you can easily squeeze the padding and feel your fingers touch, it may not be strong enough to support your dog's weight," says Grossbard.

Temperature regulation: dogs like to curl up for warmth in the winter, so beds with raised edges and soft, thick coverings are ideal, Grossbard says. "Many dogs will become too warm on their beds during summer months, so may prefer to sleep on cooler surfaces." In warmer weather, look for thinner, more breathable covers to prevent overheating.

Easy-to-wash material: another thing to note is the material of the bed cover and how easy it is to remove and wash. Ideally, you should be able to remove the cover and toss it in the washing machine. "This is especially important with puppies or with pets with skin or urinary problems who may require their covers to be washed more regularly," says Grossbard.

Types of Dog Beds



Orthopedic dog beds: senior dogs or dogs with hip and joint problems can benefit from an orthopedic dog bed. However, there is a lot of variation in the quality of orthopedic beds. "Beds labeled as 'orthopedic' can range from memory foam to regular stuffing, so be cognizant of what your dog needs," says Dr. Kelly M. Dewall, a veterinarian with Ashland Veterinary Center in Ashland, Kansas. "If it's a relatively small dog or a young dog, the overstuffed bed may be just fine. But if your dog is a giant breed, heavy or having issues with arthritis, the higher-end foam is going to be more supportive."

Heated dog beds: during colder months, a heated dog bed might be a good option for some dogs, including hairless breeds, says Grossbard, just be sure to take care when using them. “Electric beds carry some risks, so I would still recommend a good dog sweater for extra warmth over an electrified bed,” Grossbard says. You’ll also want to be careful using a heated bed if your dog is a chewer. “They might be nice for the older dog, but they scare me on the younger dogs and puppies who may opt to chew on them,” says Deewall.



Memory foam dog beds: a memory foam dog bed can be a good fit for an arthritic or very heavy dog, Deewall says. “The stiffness levels for arthritic dogs decrease after resting on a memory foam bed, and they generally have an easier time getting up out of the bed since they don’t sink down into the bottom of it,” she says. “And memory foam will prevent calluses, hygromas (fluid-filled sacs that form at joints), and pressure sores as long as the dog will use it.” While more expensive than the other options, memory foam beds tend to last longer than orthopedic foam beds and hold their shape better over time, Deewall says. However, they are easier to destroy if your dog enjoys chewing or digging in their bed.

Crate beds: because they are generally easy to wash, dog crate beds can be helpful for training purposes and can make your dog’s crate a more comfortable place to sleep. Size is the biggest thing to consider when selecting this type of bed, as you’ll want to make sure it can comfortably fit inside your dog’s crate when the door is closed.



All of the products in this article have been approved for use by Dr. Christie Long, PetCoach’s chief veterinarian.

How Often Should I Wash My Dog’s Bed?

By Diana Bocco at <https://www.petcoach.co>

You change your own sheets regularly, but when was the last time you washed your dog’s bed?

If it’s been a while, you’ll want to start the washing machine. Although easy to overlook, a clean bed is important for a healthy pup.

Dirty Beds & Health Risks

“A dirty dog bed can pose a health risk by harboring bacteria and potentially other parasites, like fleas or mites,” says Dr. Turnera Croom, a veterinarian based in Michigan.

Once snuggled into the bed, pathogens and parasites can become a bigger problem.

“For example, flea eggs can fall out of your dog’s coat and into his bed where they hatch and mature,” says Dr. Jennifer Coates, a veterinarian and author based in Colorado. “Intestinal parasites, like tapeworm segments, can end up in a dog’s bed, as can the fungal spores that cause ringworm.”



A dirty dog bed can negatively affect the humans in your home, as well. "Any bugs that attack your pet will have no problem sucking your blood, too." Croom says.

When to Wash Your Dog's Bed

Dog beds need to be washed routinely to keep them clean and smelling fresh.

"The exact frequency will depend on how much your dog sheds, how much dirt he brings into the house with him and if he has a health problem that requires environmental decontamination," says Coates. "In general, removing the cover from your dog's bed and washing it every few weeks should suffice."

If your dog spends a lot of time outdoors or has a penchant for mud puddles, plan to wash his bed more frequently. "You may need to have a few extra dog beds on hand to rotate, as you will need to clean the bed as often as every few days," says Croom.

Dog Bed Cleaning Tips & Tricks

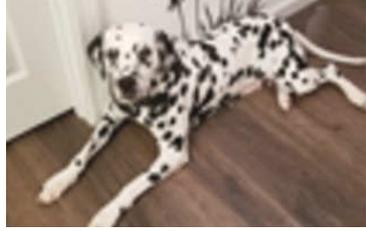
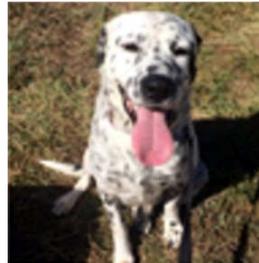
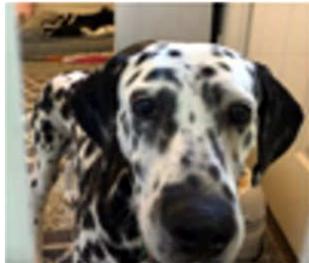
Always check the label of your dog's bed for washing instructions, as to not ruin the fill or the fabric, recommends Dr. Travis Arndt, assistant medical director of the Animal Medical Center of Mid-America.

Once in the washer, crank up the heat. "Wash and dry your dog's bed on the highest temperature setting possible to kill germs and parasites," says Arndt.

While detergent should get the job done, consider bleaching dirtier beds. "If the fabric care instructions allow, adding some chlorine bleach to the cycle will provide some added disinfection," says Coates. "Although hot water and dryer settings are quite effective on their own.

If your dog has sensitive skin or allergies, Arndt recommends using an unscented detergent that is labeled "free and clear."

Recent Adoptees!

<p>Photo Not Available</p>	<p>Photo Not Available</p>	<p>Photo Not Available</p>	
<p>Demee (aka Demi) Overton, NV</p>	<p>Chireno (aka Sally) Sierra Vista, AZ</p>	<p>Beckett Parker, CO</p>	<p>CoCo (aka Aurora) Fort Payne, AL</p>
			
<p>Mason2 Aurora, CO</p>	<p>Sasha2 Longmont, CO</p>	<p>Lily (aka LaFrance) Leo, IN</p>	

Attention Adopters!! – Yes, I'm talkin' to you!

If you haven't already submitted your Happy Beginnings Story, PLEASE, PLEASE, PLEASE take some time to do it now! Yes, I am begging. We really would like to have your stories on the website and make you a star here in the NewSpots!! So, what are you waiting for? Submit your stories and a new photograph of your fur kid(s), and yourself if you want, to me today! dalmatianrescueofco@comcast.net

Your Dog May Not Make A Good Running Partner, Consider This

By Karen Shaw Becker at <https://healthypets.mercola.com/sites/healthypets/archive/2018/08/22/can-dog-get-a-runners-high.aspx?ut>

Most dogs were born to run, and in fact, a study published in 2012 concluded that dogs even get a runner's high just like human runners do.

The term "runner's high" describes the positive feelings exercise can generate. Studies show natural chemicals produced by the body called endocannabinoids are elevated after extended running and cycling. These substances can change and improve moods, and probably play a role in the "high" achieved from prolonged exercise.

Dogs and Humans Share the Ability to Achieve a 'Reward Response' From Prolonged Exercise

For the 2012 study conducted at the University of Arizona in Tucson, researchers set out to evaluate the endocannabinoid response to running both in animals that are known to run, and those that aren't. The natural nonrunners they chose were ferrets (who were adopted out into the community at the conclusion of the study). The natural runners were 10 humans and eight dogs of various breeds.

The animals were trained using positive reinforcement to run on a treadmill. Then each person and animal ran on the treadmill for 30 minutes at about 70 percent of maximum heart rate. The people and dogs also walked on the treadmill for 30 minutes on another day, while the ferrets — who never quite got the hang of walking on the treadmill — sat out the session in their cages.

Blood was drawn once before the experiment began, and after each exercise session, so endocannabinoid levels could be measured. The researchers observed that both the humans and dogs had significantly elevated levels of endocannabinoids after running, but not after walking. The ferrets didn't show an increase in endocannabinoid levels after running or resting. This indicates they received no neurobiological pleasure from running.

These study results suggest that human and canine bodies have evolved to supply a "reward response" when we engage in endurance exercise.

Would Your Dog Make a Good Running Partner?

Running with your dog can be wonderful exercise for both of you, but it's important not to simply assume your canine companion is ready to be your jogging partner just because she's a dog. Not all dogs are physically suited for running long distances, and even those who are may need time to work up to the pace and distance of their human workout partners.

It's also important to realize that while some dogs love to run, others prefer brisk walks or vigorous play sessions instead, and you'll want to accommodate your dog's exercise preferences. In other words, don't try to force a pet who prefers power walks or retrieving tennis balls to become a long-distance runner.

Assuming your dog enjoys it, however, the two of you can grow into a great running team. But before you start vigorously exercising with your dog, pay a visit to your veterinarian for a wellness checkup to be sure she's a good fit for the kind of running you plan to do. Her age, breed, general health and fitness level will factor into your running program.

Many well-conditioned older dogs still enjoy running, but they may need a slower pace or a shorter route. You'll also need to keep a close eye out for signs of stress or overexertion.

Young dogs are often ideal running partners with plenty of energy to burn, but they should only go for regular runs once they've reached skeletal maturity, which means their growth plates have closed and there's less risk of injury. Generally speaking, this occurs at about 1 year of age, although it may be somewhat sooner for small dogs and later (around 18 months) for larger breeds.

Certain dog breeds, such as brachycephalic dogs (those with flat faces, including Pugs, Bulldogs and Boxers), may have more trouble breathing on runs, so take this into account as well.

Plan Ahead for Runs With Your Dog

If you're planning to exercise with your dog, consistency is key in keeping him well-conditioned. A daily workout is ideal, because like people, dogs need consistent exercise to maintain muscle tone and cardiovascular fitness, and prevent muscle wasting. During runs, set a pace that elevates your dog's heart rate (for about 20 minutes per session) without causing him to overexert himself.

Be sure to bring enough water along on your runs to keep both of you well-hydrated. You can use either a portable, fold-up bowl for your dog, or a special adapter that attaches to the top of most standard water bottles and allows your dog to drink from your bottle. Offer your dog water at least every 30 minutes during a trail run.

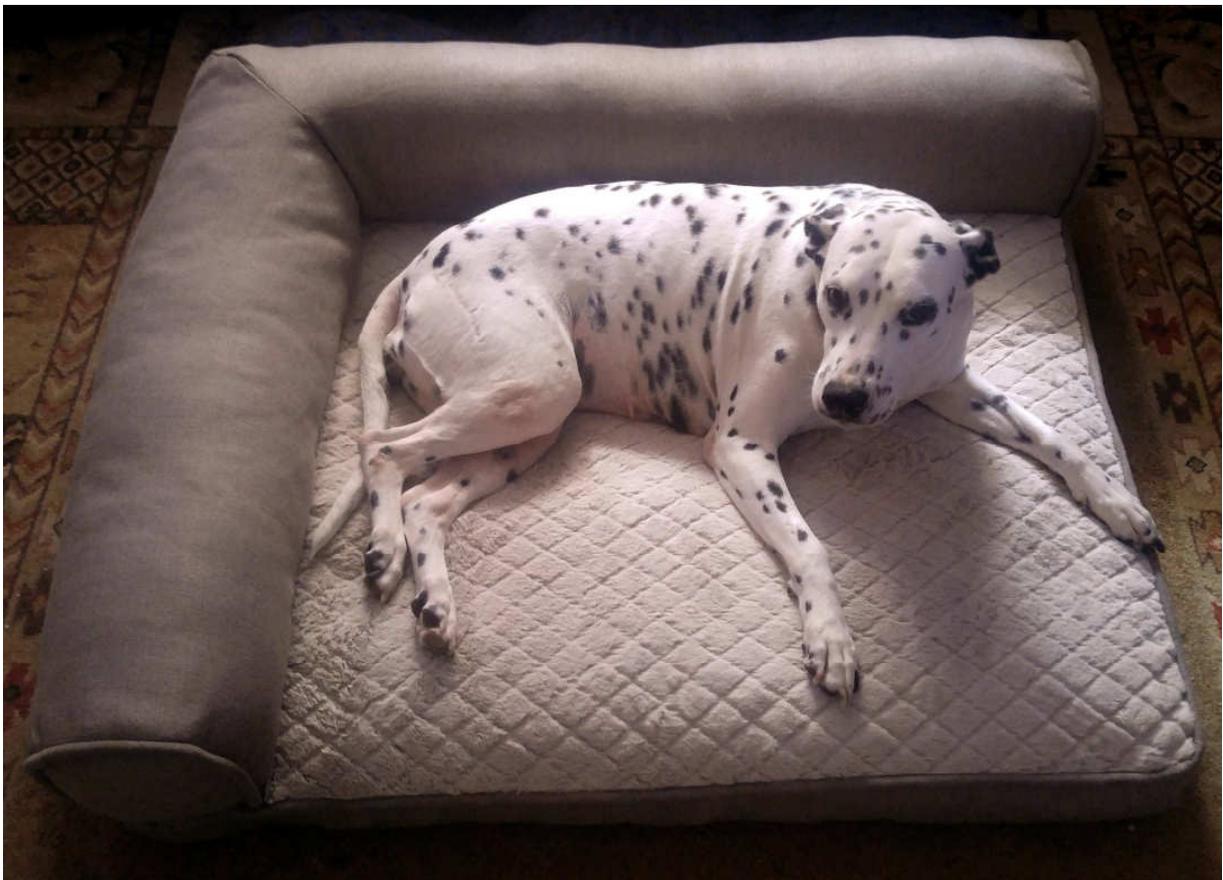
Other items you'll need on your runs are a leash, harness and poop bags. Whenever your dog will be on leash, I recommend using either a head collar or no-pull harness. A traditional collar can pose a risk of injury to your dog's neck

or back if he pulls at all. And skip retractable leashes, which may lead to injuries, and instead choose a flat leash that is no longer than 6 feet.

The other important consideration is making sure the trail you choose allows dogs. For instance, dogs are not allowed on trails in most U.S. national parks.

Dogs are only able to sweat through their paw pads and must pant to cool down, so keep in mind that your dog runs the risk of overheating much faster than you do. Avoid running with your dog during the heat of the day or when it's very cold outside. Snow and ice pose a risk of injury to dogs, and some breeds don't tolerate cold weather well (including short-haired and small breed dogs).

It's important to keep a close eye on your dog during a run and adapt your pace and route as necessary. This may include cutting it short if your dog is too tired, or skipping a rough area of terrain that could injure her paws. She should be able to keep pace running alongside or just slightly ahead of you. If she drops behind, assume the pace is too fast for her, and commit to gradually working her up to longer runs. By observing your dog, you'll quickly learn whether she's suited to be your running buddy. If she eagerly anticipates your runs and easily keeps up with you, you'll know you've found a running buddy.



Foster Dog, Ivy2, lying on a dog bed in the living room.



Trainer Tips

“Keep These Things In Mind About Training Your Dog And You’ll Keep Your Sanity”

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Even though we are dog junkies, we’ll be the first to admit that they can test our sanity and patience. It is not always sunshine and happiness!

And we’re sure the same goes for you.

You see, dogs have three distinct phases in their developmental process and as they move from one phase to the next, you might feel as if you no longer have the same dog as before. Sometimes that difference is good, and other times, not so much.

There is the puppy phase, the adolescent phase and the adult phase. Most dog training, including ours, is divided into classes for puppies to around 5 or 6 months of age, then adult for 5 or 6 months and beyond.

But there is actually a distinct adolescent phase from around 6 months to 18 months and maybe up to 2-3 years.

I wrote my book, *Juvenile Delinquent Dogs*, specifically about working with dogs in this phase.

And I also offer a training class specifically for adolescent – or “juvenile delinquent” dogs.

Yes, just like human teenagers, who can try the patience of their parents, there is a teenage phase in dogs that is no less stressful on the humans in the household.

Where is your dog at in their maturation phase: puppy, adolescent and adult? Read below for some key tips to help you out in each stage.

The Puppy Stage

The puppy stage will last to around 5-6 months, when they move into adolescence. Though sometimes adolescence will creep in a little sooner!

Puppies have very short attention spans, so they are not thinking much beyond what is immediately in front of them. And they are easily distracted.

So, the key thing with your training is to keep sessions VERY short, but perform those short sessions throughout the day.

How short? This might mean one minute, three minutes or five minutes. But not thirty minutes or an hour.

My puppy classes are an hour but I break them up with my teaching you, so your puppy gets a break, followed by short training sessions, followed by some puppy playtime.

While my classes are an hour, I know puppies cannot handle that length of time, so by breaking my classes up like I do, we are able to get several sessions in during the hour.

You want to do the same outside of class. Work with your dog in 1-5 minute sessions, but do that several times a day. You can extend sessions as your pup’s attention span grows.

Do this every day.

When you do that kind of repetition in short bursts, you really start to build that muscle memory in your puppy that will carry through into the adolescent phase. If you do not practice this short session/high repetition approach, then your puppy will move out of that cute puppy phase and into their teenage phase without much focus.

They will be getting larger, stronger and have more endurance but their brains will not have the focus that repetition will provide. It will be much harder to gain and keep their attention and advance their training.

We want to get in as much training as we can during the puppy phase to set us up for success with the adolescent phase.

The Adolescent Phase

This phase starts around 5-6 months of age and lasts anywhere from 18 months up to 3 or so years of age.

And let me warn you this is the stage where your dog might test your patience!

Because you might notice a regression in training at some point in this stage. As a puppy, he used to do what you asked right away, now he seems to be ignoring you.

It's not unusual at some point in this stage for dogs to regress. They thought the world revolved around you... now they think it revolves around them! They don't always see the point in doing what you're asking.

This is all quite normal, and it's ok to go back to basics and refresh.

But the thing to remember at this stage is to be very consistent and patient.

For example, our dogs are expected to wait to be released before going out the door on a walk. But as with many adolescents, our dogs had trouble using enough self control before heading out the door. They didn't always want to wait. And sometimes it took a while. (I discuss Wait: Doorway Version in my Juvenile Delinquent Dogs book and in my Basic Training Class.)

In this example, resist the urge to give in and just go anyway. Make sure you are clear and consistent about your expectation. If you give up, they learn that if they just stick with what they are doing, you will eventually give in. Be careful not to reinforce behavior you don't want continued.

So, just build into your thinking and planning that you will have to exercise more patience and set aside more time to reinforce even the smallest of things with your dog. You might not get as long wait as you want, but at least get something you can use. You can always build on that later. You might lower your expectation temporarily, but don't let it go altogether. I discuss this more in detail in my section on Expectations and goals in my book, Juvenile Delinquent Dogs.

The Adult Phase

Many people think training is done at this stage. You can sit back and not have to do any more training. Not quite!

While your training won't need to be as intense during the adult stage, you do want to keep it up. At this stage, we typically move into the 'maintenance' phase of training. This is when you ensure you keep practicing everything your dog has learned so that your dog will maintain his reliability with all you've done.

Such as: sit before meals, sit and wait before going out the door, calling your dog out of play with other dogs, or maintaining good leash manners.

Even though this is the maintenance phase of training, it's still a good idea to ensure your dog's brain is staying engaged and learning. This might mean improving upon what you've already done. Such as a good solid stay, but now being able to do it with larger distractions. Or holding it longer.

Or it might mean adding in something new.

We keep our dogs in maximum health if we keep their brains healthy and engaged by learning new things.

These might be practical, useful things that make your life easier. Or they might be fun party tricks to show off to your family and friends.

Doesn't matter as long as your dog is learning something new and the two of you are having fun!

Something as simple as teaching your dog basic tricks.

Or, you can take them through another class from time to time, such as Fun & Games Class, Rally for Fun, or Polite Pooches in Public.

For additional training tips and information, you can read our blog at <https://thelightofdog.com/read/> or find us on Facebook and Twitter.



<https://thelightofdog.com/>

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(This "Ask The Trainer" article is reprinted with permission of Sue Brown, co-owner of The Light Of Dog, a Certified Dog Behavior Consultant. The Light of Dog Training is located in Sedalia, CO and services the Denver Metro Area.

<https://thelightofdog.com/>).

The greatest pleasure of a dog is that you may make a fool of yourself with him and not only will he not scold you, but he will make a fool of himself too.

“The World Through Dexter’s Eyes

• The Foibles of a Too Big, Deaf Dalmatian and the Power of Love”

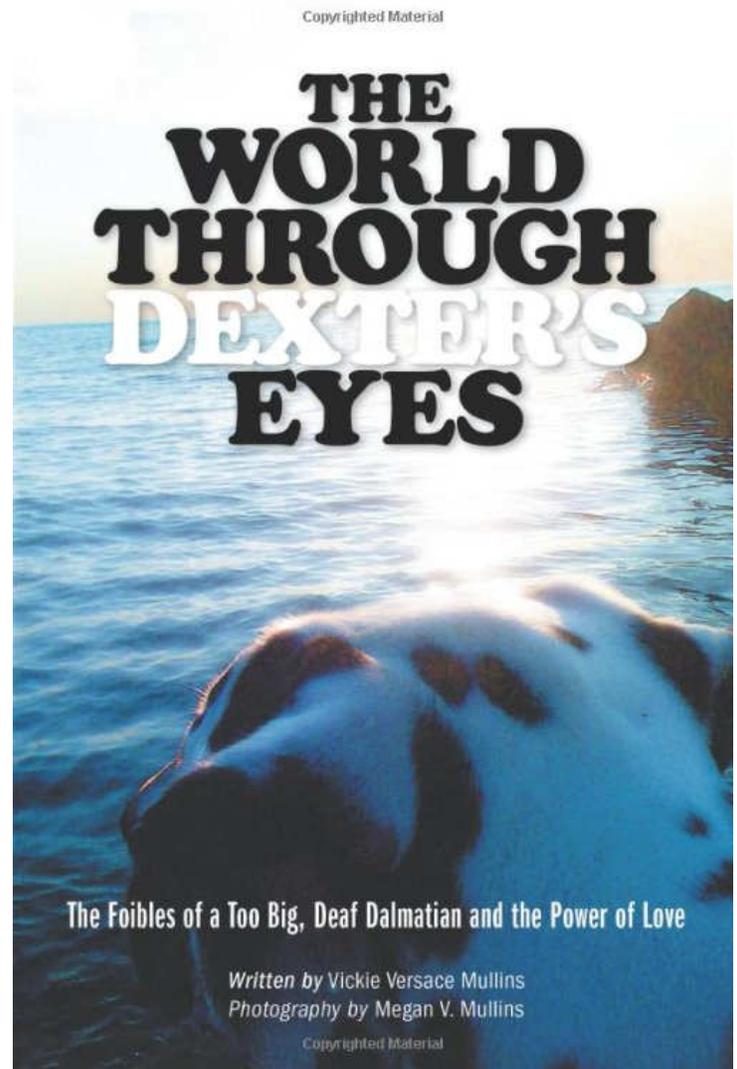
Dexter comes into the world with many problems, and he turns his family’s life upside down. Outside and lonely, he pulls the siding off the house, destroys the back door, chews up the cable wires and wood patio furniture. Inside, he does more of the same. He appears to not be trainable, so out of frustration, Mom contacts a dog whisperer who tells her Dexter died in a storm in a past life. And when he could not find his family on the other side, he grabbed the first body back, into the world, to try again.

There is something very familiar about this story to Mom. Then again, maybe she just feels sorry for the poor deaf guy. Whatever, Mom has tremendous compassion towards Dexter, and there was never such a bond between master and dog; one so strong, he telepathically conveys his story, to her.

This book is funny, sad, sweet and deep and a little inverted as it is from Dexter’s point of view. For all his antics, he is redeemed as all he wants to do on this earth is love. And it isn’t until he and Mom figure out the riddle the dog whisperer presented to them, that Dexter becomes the dog he was meant to be. Then miracles happen; grannies die, daughters go away to school, marriages fall apart, but love prevails.

About the author

Vickie Versace Mullins is a bubbly spirit who prefers laughing through life rather than all the other alternatives. She has a B.A. in English Literature from Cleveland State University in Cleveland, Ohio. She is a poet, and Dexter’s story is her first attempt at prose. She has published poems in various local literary magazines. She lives with her family in Cleveland, Ohio.



"The World Through Dexter's Eyes ~ The Foibles of a Too Big, Deaf Dalmatian and the Power of Love" by Victoria Mullins, is a book we all should read to understand deafness and how it is not the worst thing. There are many sites on-line to order the book and a portion of the proceeds are most generously donated to Dalmatian Rescue of Colorado. Thank you, Victoria! - Beth White

What a delightful read and clearly written from the heart. This is a true story as told to us through the eyes of Dexter a Deaf Dalmatian who, as it turns out, is a larger-than-life character in more ways than one. This author’s ability to entertain us when sharing our lives with a beloved pet, cannot be understated as she makes it so easy for us to make connections. Whether there is a pet in your life or not, Dexter’s story will warm your heart and you will catch yourself chuckling out loud at his exploits as well as at the vulnerability of mankind when it comes to life with a pet. You come to realize that what one person deems useless will make another person’s life perfect. And, as if that is not enough, this author has kindly donated proceeds from the book to Dalmatian and animal rescue, so you are passively doing a good deed when you read it... Clearly, this is a win win situation and a story to add to your “must read” list. – Michele Winner

Please help support Dalmatian Rescue and get yourself (and a friend) this really great book!

Bits & Pieces

Do you have a business or a hobby that other adopters, fosters, and volunteers might be interested in? Let us help you spread the word by 'advertising' in Dalmatian Rescue of Colorado's monthly newsletter – NewSpots! We currently notify about 700 people of the new editions of NewSpots! That's a lot of word of mouth and print advertising for FREE!!

Advertising in NewSpots! is free!!

Simply contact the editor, Karl Schill, at dalmatianrescueofco@comcast.net and he will work with you to provide your ad and place it prominently within the newsletter.

*****Be A Pal, Save A Dal*****

PLEASE – They need YOUR help!! Remember when your rescue Dalmatian came home with you, from the warmth of a loving foster family? If we hadn't had foster homes, you probably would not have gotten YOUR dog. PLEASE think about fostering a dog for the Dalmatian Rescue where you obtained your Dal, or the one closet to where you now live, so they can save lives like they saved your dog's life!! PLEASE give a warm home to a dog who can relax, show his true personality, enjoy a thick bed rather than a concrete floor in a shelter and get ready for a new home. PLEASE help rescues and the dogs so that others might have a dog that is well socialized, trained and ready to love. PLEASE think about this... Dalmatians are everywhere and are literally dying to meet you or someone willing to give them a "spot" to LIVE until their forever home comes along. PLEASE be a spot for rescue and for them?

We thank you and you know any dog you help your local rescue save will be eternally grateful! PLEASE submit a foster application if you can possibly help your local rescue and them! PLEASE take your cookie... good boy/girl!

Reader Recommendations and Tips

This is where we share recommendations and tips from and for our readers. Our newsletter is read by as many as 650 people each month. That number constantly increases as we have more adopters and adopters recommend it to their friends and family as well. So, go ahead... share your tips and recommendations. Please send along any information you want to share with others, like products that you would recommend, dog toys, great pet insurance, good vets (or bad ones to avoid as well), etc. Is there anything you wish someone had told you about that you have found? Pass it along. Send your ideas, recommendations and tips to Karl at dalquy@comcast.net for inclusion in the next issue.

No Reader Recommendations and Tips this time around...

If you have some to share, please let me know!!



Easter is coming soon...

Make sure to keep the egg dye (and peep chicks, chocolate and other Easter candies away from your dogs!!!

In The Doghouse... Our Featured Dalmatians

Quinn

5 Years Old, Black Neutered Male
Reason Available: Owner Surrender
Foster Home: Denver, CO

*******URGENT*******

Due to extenuating circumstances, Quinn needs a new foster home, Or BETTER YET, an adoptive home. Quinn is an excited young boy about 5 years of age. He came from a shelter in TX and didn't seem to have much training. He was surrendered because the owner could no longer afford him. He loves to cuddle and take walks and gets excited to ride in the car. Quinn is currently in Denver. This adorable "panda bear" is learning new things that he should have learned as a puppy, but since Quinn is about mostly deaf, we are guessing that is the reason. He does hear some very loud noises, but the human voice does not tend to register. but Quinn is now learning hand signals. He is vetted, housebroken, dog friendly and ok with cats... he is such a good boy! A home with a doggie playmate is desired for Quinn, or he could be a jogging or biking partner! For more information, contact Karen at hikingdal@gmail.com. Adoption \$250. .



Fudge

6-12 Months Old, Black Neutered Male
Reason Available: Owner Surrender
Foster Home: Colorado Springs, CO



Oh Fudge...our Fudge is a very sweet, deaf puppy (born April 22, 2018, so not even a year old) who has been bounced around in his short life! He is now in a foster home in Colorado Springs with three other dogs and doing very well. He gives kisses on command! He has now been in three homes in his short life. Fudge has very unusual coloring, with the spots on his head and ears a beautiful liver (brown) color and the rest of his body has striking black colored spots. He is typically an active puppy, is up-to-date on vaccinations, recently neutered, microchipped, and negative on heartworms, house trained, and crate trained. Yep, all of that, isn't that great? He's very smart and learns quickly, but he needs a person or family who will be gentle and consistent in training to reach his full potential. Obedience training would be ideal and most important. Fudge would do best in a family with a doggy brother or sister to romp and play with and to reduce the typical puppy energy. He would do better with older children, since he is young, active and strong. Having someone home frequently would also be a plus. We have a resource to help understanding and working with a deaf dog available for adopters in CO. For more information, contact Jeannine at jeannine@dalmatianrescueco.org. Adoption \$300.

Happy Beginnings Stories

Roxy (aka Amber2)

Roxy (AKA Amber, adopted Feb. 2019) is adjusting remarkably well after having been moved around her entire 1 year of life and being born deaf and with a lame rear leg. After three days she was playing with Indie (pictured on hike and with light pink collar), and now after two weeks almost all aggression has subsided and the two are the most darling pair. It's amazing how well dogs can adapt, if you give them a chance. Each day requires less effort on my part. I think adopting her is the next best thing I've done! :)

– Emily Warrington
Louisville, CO



Bowie, Jameson and Roxy's stories are the only Happy Beginnings Stories that we have received for 2019.

Please if you have adopted your pup from us, regardless of when, and have not submitted their Happy Beginnings Story yet, why not do it now while it's fresh on your mind? These stories are the "pay" that fosters get for all their hard work!!

Please don't forget... if you haven't sent in your Happy Beginnings Story yet, why not do it right now while it's fresh in your mind! It's never too late to see your story in print!!

NewSpots is published and released on the first calendar day of the month. The deadline for submissions for future issues of NewSpots will be the 25th of the previous month. Submissions received after the deadline may be delayed in publication until the following month, subject to the Editor's discretion.

Send submissions to the Editor at: dalguy@comcast.net

Dalmatian Rescue of Colorado, Inc. is a 501(c)(3) Non-profit organization. Donations are tax deductible!!

6828 Rim Rock Trail, Fort Collins, CO 80526 **Rescue Hotline: 303-281-8963** Fax: 970-377-9509

<http://www.dalmatianrescueco.org>
